

Time Standards Process

The Alberta Coaches Council has approved the following process to set provincial time standards so that times will progress based on the swimming population.

Provincial Standards

Girls 10 & under, 11, 12, 13, 14 / Males 11 & under, 12, 13, 14, 15

1. The base standard will be set using the 5-year average of 16th place using Alberta's overall Short Course season rankings. Low subscription events will be set using the FINA points of a similar discipline. (e.g. 400 IM time set using 200 IM FINA points)
2. Provincial short course standards will be set 10% slower than the base standard. All long course standards will be calculated by adding 2%.

Championship Standards

Girls 12 & Under, 13-14 / Males 13 & Under, 14-15

The championship age group short course standards will be set using the 5-year average of 32nd place using Alberta's overall Short Course season rankings. Low subscription events will be set using the FINA points of a similar discipline. (e.g. 50 back time set using 100 back FINA points)

Girls 15 & Over / Males 16 & Over

The championship short course standard will be calculated as 5% slower than the Female 16-17 and the Male 17-18 Canadian Junior Championships standard. The Canadian Junior Championship will be used as short course time to calculate the Alberta championship standard. Non-Olympic events or low subscription events will be set using the FINA points of a similar discipline (e.g. female 1500 free time set using 800 free FINA points)

All long course championship standards will be calculated by adding 2%.

Youth Recognition

The youth recognition time standards will be based on the 10-year average of the rank for the award, rounded to the nearest tenth. Standards will be short course and long course, male and female.

Top 5 - Age 10 & Under, based on Alberta rankings

Top 1 & Top 10 - Ages 11, 12, 13, 14, 15, 16, 17, based on national rankings

Para Standards

Swimming Canada sets the provincial para standards, Can Am standard + 15%.