



SWIM ALBERTA

Female Youth Recognition Standards

TOP 5 10&U	TOP 1							EVENT	TOP 10							
	11	12	13	14	15	16	17		11	12	13	14	15	16	17	
32.7	28.2	27.2	26.4	25.9	25.9	25.6	25.4	50 Free	SC	29.8	28.3	27.5	27.0	26.7	26.5	26.5
33.4	28.8	27.7	26.9	26.6	26.4	26.2	26.0		LC	30.5	28.9	28.1	27.5	27.3	27.2	27.1
1:11.9	1:02.0	59.0	57.4	56.1	55.6	55.0	54.9	100 Free	SC	1:05.4	1:02.1	59.9	58.4	57.7	57.2	57.2
1:14.0	1:03.2	1:00.5	58.6	57.4	56.7	56.5	55.9		LC	1:06.7	1:02.9	1:00.9	59.7	59.1	58.7	58.5
2:37.9	2:14.4	2:07.8	2:03.8	2:00.1	2:00.1	1:58.3	1:58.3	200 Free	SC	2:21.4	2:13.9	2:09.3	2:06.3	2:04.9	2:03.4	2:03.0
2:40.6	2:15.9	2:10.8	2:06.3	2:03.7	2:02.0	2:01.4	2:00.4		LC	2:24.5	2:16.8	2:12.4	2:09.4	2:07.7	2:06.6	2:06.1
5:35.5	4:43.9	4:31.0	4:21.4	4:16.1	4:14.6	4:09.5	4:09.5	400 Free	SC	4:59.0	4:42.8	4:33.2	4:27.1	4:23.6	4:21.3	4:20.8
5:42.3	4:46.8	4:35.8	4:25.8	4:19.8	4:17.0	4:15.4	4:14.3		LC	5:04.5	4:48.6	4:40.5	4:34.3	4:30.9	4:28.3	4:26.9
	9:47.6	9:15.1	9:01.6	8:49.4	8:45.2	8:36.5	8:36.5	800 Free	SC	10:16.7	9:44.4	9:24.5	9:11.4	9:06.4	9:03.0	9:02.4
	9:56.2	9:31.3	9:13.4	8:54.6	8:53.0	8:46.5	8:42.9		LC	10:37.8	10:01.7	9:41.2	9:26.7	9:19.0	9:16.6	9:14.2
1:22.6	1:06.3	1:05.6	1:03.0	1:01.2	1:01.2	1:00.2	0:59.8	100 Back	SC	1:13.7	1:09.5	1:06.5	1:04.9	1:03.8	1:03.5	1:03.3
1:25.4	1:11.0	1:07.8	1:05.8	1:03.8	1:03.2	1:02.4	1:01.9		LC	1:16.8	1:12.1	1:09.3	1:07.3	1:06.3	1:06.3	1:05.8
	2:28.6	2:21.3	2:13.4	2:12.2	2:11.5	2:09.7	2:08.0	200 Back	SC	2:37.4	2:29.0	2:23.5	2:19.6	2:17.1	2:16.5	2:15.9
	2:32.1	2:25.2	2:21.9	2:16.6	2:14.6	2:13.8	2:12.9		LC	2:43.7	2:34.9	2:29.3	2:25.0	2:22.7	2:22.2	2:22.2
1:34.7	1:18.5	1:14.4	1:12.0	1:10.6	1:10.0	1:09.1	1:08.3	100 Breast	SC	1:23.6	1:18.8	1:15.4	1:13.7	1:13.1	1:12.6	1:12.4
1:37.0	1:19.0	1:15.9	1:14.0	1:12.2	1:10.5	1:10.5	1:10.1		LC	1:26.3	1:21.0	1:17.7	1:16.2	1:15.5	1:15.0	1:14.6
	2:46.7	2:39.7	2:34.4	2:31.6	2:30.3	2:28.0	2:26.1	200 Breast	SC	2:58.7	2:49.2	2:42.8	2:38.4	2:37.0	2:35.5	2:35.5
	2:49.7	2:42.4	2:39.2	2:35.1	2:31.6	2:31.6	2:30.1		LC	3:04.2	2:54.3	2:47.2	2:43.7	2:43.0	2:41.1	2:41.0
1:28.3	1:09.2	1:05.2	1:02.2	1:00.9	1:00.8	0:59.8	59.8	100 Fly	SC	1:13.8	1:09.4	1:06.3	1:04.5	1:03.5	1:03.1	1:02.9
1:27.9	1:09.4	1:06.0	1:03.6	1:01.4	1:01.0	1:00.7	1:00.0		LC	1:15.1	1:10.5	1:07.4	1:05.6	1:04.7	1:04.2	1:04.2
	2:33.7	2:25.6	2:19.3	2:15.2	2:14.7	2:12.2	2:11.7	200 Fly	SC	2:46.5	2:35.4	2:28.2	2:23.2	2:20.2	2:18.9	2:18.8
	2:35.6	2:28.1	2:22.1	2:16.9	2:16.1	2:13.8	2:13.2		LC	2:50.9	2:38.3	2:30.5	2:26.6	2:24.8	2:22.7	2:22.4
2:59.3	2:31.1	2:24.6	2:19.8	2:16.6	2:15.9	2:14.2	2:13.2	200 IM	SC	2:40.1	2:32.0	2:26.6	2:23.2	2:21.3	2:19.9	2:19.2
3:04.1	2:34.4	2:28.1	2:23.0	2:20.4	2:17.1	2:14.7	2:14.7		LC	2:44.2	2:36.2	2:30.2	2:27.3	2:25.1	2:24.3	2:23.7
	5:21.1	5:06.1	4:56.3	4:49.5	4:48.0	4:43.7	4:43.6	400 IM	SC	5:40.1	5:21.8	5:10.8	5:02.7	4:57.7	4:55.3	4:55.1
	5:26.1	5:14.1	5:04.1	4:57.0	4:51.3	4:47.8	4:46.1		LC	5:50.1	5:31.0	5:19.8	5:12.1	5:07.9	5:06.0	5:04.2