



SWIM ALBERTA

Female Youth Recognition Standards

TOP 5 10&U	TOP 1							EVENT	TOP 10							
	11	12	13	14	15	16	17		11	12	13	14	15	16	17	
32.7 33.2	28.1 28.6	27.2 27.6	26.5 26.9	25.9 26.5	25.8 26.3	25.5 26.1	25.4 26.0	50 Free	SC	29.7	28.3	27.5	27.0	26.7	26.5	26.5
									LC	30.5	28.9	28.0	27.5	27.3	27.2	27.1
1:11.8 1:13.6	1:01.7 1:03.0	58.9 1:00.3	57.5 58.6	56.2 57.3	55.5 56.3	54.9 56.0	54.9 56.0	100 Free	SC	1:05.3	1:02.0	59.8	58.4	57.7	57.2	57.2
									LC	1:06.7	1:02.9	1:00.9	59.6	59.0	58.6	58.5
2:37.9 2:40.1	2:14.2 2:16.0	2:07.7 2:10.7	2:04.2 2:06.4	2:00.2 2:03.7	2:00.0 2:01.5	1:57.7 2:01.1	1:57.7 2:00.3	200 Free	SC	2:21.3	2:13.9	2:09.3	2:06.3	2:04.9	2:03.5	2:02.9
									LC	2:24.4	2:16.8	2:12.3	2:09.3	2:07.7	2:06.5	2:06.0
5:36.0 5:42.2	4:44.6 4:47.2	4:30.7 4:35.5	4:21.8 4:26.5	4:16.2 4:20.0	4:14.7 4:16.2	4:05.6 4:15.3	4:05.6 4:14.0	400 Free	SC	4:59.0	4:42.7	4:33.2	4:27.3	4:23.6	4:21.3	4:20.8
									LC	5:04.6	4:48.7	4:40.3	4:34.2	4:31.0	4:28.0	4:26.7
	9:48.7 9:57.1	9:13.7 9:31.1	9:02.8 9:14.0	8:50.1 8:55.7	8:45.6 8:54.0	8:37.1 8:45.6	8:37.0 8:42.6	800 Free	SC	10:16.7	9:44.6	9:24.9	9:12.2	9:06.6	9:03.4	9:01.9
									LC	10:36.3	10:01.4	9:40.9	9:26.8	9:19.1	9:16.4	9:13.7
1:22.5 1:25.0	1:06.3 1:11.0	1:05.6 1:07.5	1:03.0 1:05.6	1:01.1 1:03.6	1:01.0 1:03.0	1:00.2 1:02.4	0:59.8 1:01.8	100 Back	SC	1:13.5	1:09.4	1:06.5	1:04.9	1:03.8	1:03.5	1:03.1
									LC	1:16.6	1:11.8	1:09.1	1:07.3	1:06.2	1:06.1	1:05.6
	2:28.4 2:32.5	2:21.6 2:24.8	2:13.8 2:21.7	2:11.8 2:16.4	2:11.2 2:14.5	2:09.7 2:13.6	2:08.0 2:12.7	200 Back	SC	2:37.1	2:28.7	2:23.4	2:19.5	2:17.2	2:16.5	2:15.7
									LC	2:43.3	2:33.4	2:29.0	2:24.8	2:22.7	2:21.7	2:21.7
1:34.7 1:36.9	1:18.3 1:19.1	1:14.3 1:15.7	1:12.1 1:13.8	1:10.6 1:12.0	1:09.8 1:10.7	1:09.0 1:10.7	1:08.3 1:09.9	100 Breast	SC	1:23.6	1:18.8	1:15.5	1:13.7	1:13.1	1:12.6	1:12.3
									LC	1:26.2	1:20.9	1:17.6	1:16.1	1:15.3	1:14.9	1:14.5
	2:46.8 2:49.5	2:39.8 2:41.9	2:34.6 2:39.1	2:31.4 2:35.1	2:30.1 2:31.8	2:27.9 2:31.8	2:26.1 2:29.6	200 Breast	SC	2:59.0	2:49.3	2:42.9	2:38.6	2:37.0	2:35.7	2:35.4
									LC	3:04.2	2:54.3	2:47.2	2:43.5	2:42.7	2:40.7	2:40.7
1:27.9 1:28.2	1:08.8 1:09.1	1:05.2 1:05.8	1:02.4 1:03.6	1:00.8 1:01.4	1:00.7 1:00.6	0:59.6 1:00.3	59.6 1:00.0	100 Fly	SC	1:13.7	1:09.3	1:06.1	1:04.4	1:03.5	1:03.1	1:02.8
									LC	1:15.0	1:10.3	1:07.2	1:05.5	1:04.5	1:04.1	1:04.0
	2:33.9 2:35.3	2:25.3 2:27.1	2:19.7 2:22.0	2:15.1 2:17.0	2:14.6 2:15.9	2:12.0 2:13.9	2:11.7 2:13.3	200 Fly	SC	2:46.6	2:35.4	2:27.7	2:24.1	2:20.3	2:19.1	2:18.5
									LC	2:50.5	2:38.3	2:30.1	2:26.3	2:23.7	2:22.6	2:22.2
2:59.2 3:04.2	2:30.4 2:34.1	2:24.4 2:27.7	2:20.0 2:22.9	2:16.6 2:20.2	2:15.3 2:16.9	2:14.3 2:14.7	2:13.2 2:14.7	200 IM	SC	2:39.9	2:32.0	2:26.4	2:23.2	2:21.2	2:19.9	2:19.0
									LC	2:43.9	2:35.9	2:30.0	2:27.2	2:24.9	2:24.0	2:23.3
	5:21.4 5:25.4	5:05.8 5:13.5	4:56.5 5:03.9	4:50.0 4:57.0	4:47.9 4:51.7	4:43.3 4:47.7	4:43.3 4:45.7	400 IM	SC	5:40.0	5:21.7	5:10.7	5:02.8	4:57.8	4:55.6	4:54.7
									LC	5:49.6	5:30.7	5:19.6	5:11.8	5:07.5	5:05.8	5:03.5