



Excellence, Integrity, Innovation, Collaboration

DISCOVER ALBERTA 2017-2018

Purpose: A series of three one-day camps for both athletes and coaches to establish a foundation of knowledge. The camps have a quadrennial curriculum featuring swimming orientation, exposure to World swimming, anthropometric and aquatic testing, talent ID, training skills on land and in the water, IST support and effective daily training environment.

Dates: September 24, October 22 & November 19, 2017
Participation at all camps is expected.

Location: Calgary & Edmonton
Participation Fee: \$75.00 (for the series)

Athlete Selection:

Number of swimmers: 40 swimmers in the northern region & 40 swimmers in the southern region based on the age breakdown below.

	Age as of January 1, 2017	Age as of July 1, 2017	Total = 40
Female Age 11	5	5	10
Female Age 12	5	5	10
Male Age 13	5	5	10
Male Age 14	5	5	10

Selection period: January 1 to August 15 (long course only)

Selection: The top three swimmers from each age group will be selected from rankings of the best-combined Swim Alberta Select Points across three long course 200m events (Including Individual Medley). A swimmer selected with the January 1 age up date will be removed from the July 1 age up selection.

Staff Selection:

One Head coach will be selected by application. One Team Manager will be selected by Swim Alberta. Swim Alberta will review applications.

*Each club with a selected swimmer must send a coach to the camp.