



SWIM ALBERTA DISTANCE CAMP 1 2024-2025

Purpose:

To deliver distance swimming training opportunities that supports the swimmer development pathway as identified in Swimming Canada's Distance Swimming Strategy (DSS).

Leveraging the DSS activities such as the Swimming Canada National Camp in Mallorca, October 18th-26th 2024, the Pan Provincial Distance Camp in Barbados, November 3rd - 11th, 2024 ([Swim Alberta criteria](#)) and the Virtual National Distance Program (Swimming Canada to communicate more info in the fall), Swim Alberta will be hosting Distance Camp #1 as well as selecting a team for a Distance Camp #2 hosted by Swim BC tentatively April 24-27, 2025.

Date: November 15-17, 2024

Location: Calgary, Alberta

Swimmer Fee: Nov - \$275 (Distance Camp #1)

Distance Camp #1 Team Composition

- 10 female and 10 male swimmers will be selected to participate in the Distance Camp #1

Eligibility:

Male and Female eligibility has been determined based on Swimming Canada's DSS, thus age eligibility for male and female swimmers is different. Female swimmers with a year of birth between 2009-2012 and male swimmers with a year of birth between 2007-2010 will be eligible.

- Declaration to express interest for November Distance camp #1 must be submitted by July 22, 2024
 - <https://www.tfaforms.com/5132142>

Selection Period:

- The Distance Camp #1 selection period is from March 1 – August 31, 2024

Swimmer Selection:

- Swimmer results during the selection period will be ranked using their top World Aquatics Points swim, based on Long Course results in the 800m and 1500m freestyle events, from the selection period.



Priority 1

- Swim Alberta will select the top one (1) eligible male and female in each year of birth outlined below, up to a maximum of four (4) selected swimmers per gender.
- Females:
 - One (1) swimmer born between January 1, 2009 -December 31, 2009
 - One (1) swimmer born between January 1, 2010 -December 31, 2010
 - One (1) swimmer born between January 1, 2011 -December 31, 2011
 - One (1) swimmer born between January 1, 2012 -December 31, 2012
- Male:
 - One (1) swimmer born between January 1, 2007 -December 31, 2007
 - One (1) swimmer born between January 1, 2008 -December 31, 2008
 - One (1) swimmer born between January 1, 2009 -December 31, 2009
 - One (1) swimmer born between January 1, 2010 -December 31, 2010

Priority 2

- All remaining swimmers, six (6) swimmers per gender, will be selected based on their overall World Aquatics Points ranking for their gender until the team roster is filled (10 female swimmers and 10 male swimmers)

Priority 3

- Should a swimmer who expressed interest, decline participation the next alternate swimmer on the ranking list will be offered until the team roster is filled (10 female swimmers and 10 male swimmers)

Staff Selection:

Priority 1 – Swimming Canada & Swim Alberta initiative collaboration

- As part of Swim Alberta's participation in the DSS , Swim Alberta in collaboration with Swimming Canada has designated a Head Coach who may participate in the Swimming Canada National Camp in Mallorca, October 18th-26th 2024 and lead the provincial camps in the spirit of Swimming Canada's DSS.

Priority 2 – Swim Alberta assistant coach opportunities

- 1 Women In Coaching opportunity
- Support coach experiences with distance training

Coach attributes (listed in priority order)

- Future Coach Program Alumni
- Passion in distance swimming (Open Water)
- Swimming 201 certified
- Head coach of a registered Alberta club
- Swimming 101 certified



Role of the assistant coach

- Work in collaboration with the Head Coach on deliverables for training
- Provide coaching to the swimmers at the camp

Assistant Coach Application

- Costs for selected coaches will be covered including food, accommodation & transportation
- Deadline for assistant coach expression of interest is Oct. 1, 2024
- [Coach Expression of Interest](#)

Timelines

- Declaration to express interest for November Distance camp #1 must be submitted by July 22, 2024
- Distance Camp #1 selection by ranking will be posted /distributed/ assistant coach selection will be announced by Oct. 1, 2024
- Registration for the camp must be submitted by Oct. 15, 2024
- Final Camp Format Communicated to Participants before Oct. 28, 2024