

ASSA All-Star Team Best Times

All Times are long course (50m pool)

Updated August 7, 2024

MALE

Age Group	Swimmer Name	Event	Time	Year	Club
FREESTYLE					
9&10	Tanner Potaka	50 Free	33.58	2010	OKOT
11&12	Wells Ginzer	50 Free	27.97	2019	OKOT
13&14	Nathan Saby	50 Free	26.47	2009	CAM
15-17	Nathan Saby	50 Free	24.55	2011	CAM
18&O	Alex Kagel	50 Free	26.06	2010	SHRPK
9&10	Anders Klein	100 Free	1:12.92	2008	CAM
11&12	Wells Ginzer	100 Free	1:01.55	2019	OKOT
13&14	Nathan Saby	100 Free	58.38	2009	CAM
15-17	Nathan Saby	100 Free	55.27	2011	CAM
18&O	Alex Senneker	100 Free	59.58	2014	FTMD
9&10	Anders Klein	200 Free	2:44.60	2008	CAM
11&12	Tanner Potaka	200 Free	2:18.64	2012	OKOT
13&14	Gaelen Andrews	200 Free	2:15.83	1999	HUMA
15-17	Nathan Saby	200 Free	2:06.75	2011	CAM
18&O	Alex Kagel	200 Free	2:16.93	2010	SHRPK
9&10	Anders Klein	400 Free	5:48.06	2008	KLLM
11&12	Tanner Potaka	400 Free	5:00.46	2012	OKOT
13&14	Keane Morrow	400 Free	4:57.91	2006	WET
15-17	Connor Jamieson	400 Free	4:42.12	2008	SPGR
18&O	Cory Totman	400 Free	4:42.88	2008	REBEL
12&U	Kent Aitchison	800 Free	11:22.61	2001	LETH
13&14	Thomias Bruch	800 Free	10:52.96	2012	OKOT
15-17	Connor Jamieson	800 Free	9:50.66	2008	SPGR
13&14	Kevin Spoletini	1500 Free	20:47.84	1994	CALT
17&U	Connor Jamieson	1500 Free	19:07.33	2008	SPGR
BACKSTROKE					
9&10	Jason Fyfe	50 Back	37.33	2007	PERV
11&12	Wells Ginzer	50 Back	33.17	2019	OKOT
13&14	Owen Sommerfeldt	50 Back	31.11	2024	BRKS
15-17	Joah Randall	50 Back	30.38	2023	PCK
18&O	Cory Totman	50 Back	30.94	2008	REBEL
10&U	Jason Fyfe	100 Back	1:25.71	2007	PERV
11&12	Wells Ginzer	100 Back	1:14.18	2019	OKOT
13&14	Gaelen Andrews	100 Back	1:07.05	1999	HUMA
15-17	Michael Clarke	100 Back	1:05.72	2006	EDMN

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18&O	Cory Totman	100 Back	1:05.10	2008	REBEL
10&U	Pierre Nichol	200 Back	3:06.14	2002	STAL
11&12	Beau Brower	200 Back	2:46.03	1993	HUMA
13&14	Gaelen Andrews	200 Back	2:26.83	1999	HUMA
15-17	Michael Clarke	200 Back	2:23.03	2006	EDMN
18&O	Cory Totman	200 Back	2:26.69	2008	REBEL
BREASTSTROKE					
9&10	Jens Watt	50 Breast	43.79	2012	LETH
11&12	Nolan Ung	50 Breast	34.92	2019	CALSW
13&14	Owen Halford	50 Breast	32.73	2018	RDR
15-17	Joah Randall	50 Breast	31.99	2023	PCK
18&O	Shane Brewer	50 Breast	33.41	1996	CAM
9&10	Jens Watt	100 Breast	1:42.95	2012	LETH
11&12	Nolan Ung	100 Breast	1:16.86	2019	CALSW
13&14	Kaleb Wilford	100 Breast	1:14.13	2024	WET
15-17	Andrew Chung	100 Breast	1:15.42	1992	FAIR
18&O	Shane Brewer	100 Breast	1:13.71	1996	CAM
9&10	Jens Watt	200 Breast	3:34.35	2012	LETH
11&12	Minh Nguyen	200 Breast	2:57.94	2017	HUMA
13&14	Kaleb Wilford	200 Breast	2:48.80	2024	WET
15-17	Connor Jamieson	200 Breast	2:50.18	2008	SPGR
18&O	Shane Brewer	200 Breast	2:51.81	1995	CAM
BUTTERFLY					
9&10	Dante Chan	50 Fly	37.56	2009	HUMA
11&12	Wells Ginzer	50 Fly	29.94	2019	OKOT
13&14	Jan Pelechytik	50 Fly	28.68	1995	HUMA
15-17	Ben Berg	50 Fly	27.69	2007	RDR
18&O	Alex Senneker	50 Fly	27.93	2014	FTMD
11&12	Wells Ginzer	100 Fly	1:09.06	2019	OKOT
13&14	Jan Pelechytik	100 Fly	1:04.74	1995	HUMA
15-17	Oliver Johnson	100 Fly	1:00.79	2024	COCH
11&12	Anders Klein	200 Fly	2:38.92	2010	CAM
13&14	Thomias Bruch	200 Fly	2:41.45	2012	OKOT
15-17	Oliver Johnson	200 Fly	2:35.50	2024	COCH
INDIVIDUAL MEDLEY					
9&10	Conner Christmas	200 IM	3:08.85	2005	HIRV
11&12	Minh Nguyen	200 IM	2:44.10	2017	HUMA
13&14	Kaleb Wilford	200 IM	2:31.09	2024	WET
15-17	Oliver Johnson	200 IM	2:24.33	2024	COCH
18&O	Cory Totman	200 IM	2:28.11	2008	REBEL
13&14	Thomias Bruch	400 IM	5:47.20	2012	OKOT

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18&O Cory Totman 400 IM 5:20.13 2008 REBEL

FEMALE

FREESTYLE

9&10	Jessica Kelly	50 Free	32.14	2001	REBEL
11&12	Jessica Kelly	50 Free	29.67	2003	REBEL
13&14	Jessica Kelly	50 Free	28.41	2005	REBEL
15-17	Elliott Pilsner-Roberts	50 Free	27.85	2024	LETH
9&10	Kamryn Cannings	100 Free	1:12.28	2016	SHRPK
11&12	Julia Wiebe	100 Free	1:05.75	2023	CLARE
11&12	Ashley Blais	100 Free	1:05.83	2019	HINT
11&12	Ashley Blais	100 Free	1:05.83	2019	HINT
13&14	Jessica Kelly	100 Free	1:04.25	2005	REBEL
15-17	Keely Hopkins	100 Free	1:01.19	2014	LETH
9&10	Nicole Cossey	200 Free	2:46.23	2003	INNIS
11&12	Claire Halford	200 Free	2:29.92	2013	RDR
13&14	Allison Donelon	200 Free	2:24.65	2004	CANM
15-17	Amelie Sherwin	200 Free	2:24.26	2019	STAL
9&10	Nicole Cossey	400 Free	5:54.98	2003	INNIS
11&12	Destiny Castagna	400 Free	5:09.62	2023	CASS
13&14	Destiny Castagna	400 Free	5:05.97	2024	CASS
15-17	Elaine Gross	400 Free	5:11.61	2006	HUMA
12&U	Lexi Marissink	800 Free	11:46.01	2014	SHRPK
13&14	Claire Halford	800 Free	11:01.90	2014	RDR
13&14	Claire Halford	1500 Free	21:49.19	2014	RDR

BACKSTROKE

9&10	Jessica Kelly	50 Back	37.27	2001	REBEL
11&12	Jessica Kelly	50 Back	33.47	2003	REBEL
13&14	Jessica Kelly	50 Back	32.03	2005	REBEL
15-17	Jessica Kelly	50 Back	31.87	2008	REBEL
10&U	Kamryn Cannings	100 Back	1:24.56	2016	SHRPK
11&12	Jessica Kelly	100 Back	1:13.92	2003	REBEL
13&14	Jessica Kelly	100 Back	1:11.21	2005	REBEL
15-17	Jessica Kelly	100 Back	1:10.74	2008	REBEL
10&U	Nicole Cossey	200 Back	3:12.26	2003	INNIS
11&12	Gillian McClean	200 Back	2:46.52	1994	PROV
13&14	Allison Donelon	200 Back	2:42.53	2004	CANM
15-17	Nicole Pecharsky	200 Back	2:39.90	2012	LAC

BREASTSTROKE

9&10 Rachelle Wasylik 50 Breast 41.64 2004 VERM

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11&12	Gabriella Schenk	50 Breast	38.03	2017	HUMA
13&14	Morgan Robins	50 Breast	36.95	2014	SHRPK
15-17	Kayla Voytechek	50 Breast	36.25	2005	HUMA
9&10	Amy Benzie	100 Breast	1:33.65	2010	LETH
11&12	Gabriella Schenk	100 Breast	1:26.04	2017	HUMA
13&14	Marissa Sommerfeld	100 Breast	1:23.72	2003	HINT
15-17	Peggy Hodgson	100 Breast	1:22.82	2000	PCK
9&10	Elizabeth Rypien	200 Breast	3:13.71	2002	PASS
11&12	Jordyn Baldry	200 Breast	3:03.23	2008	SPGR
13&14	Madison Buchberger	200 Breast	3:02.56	2007	EDMD
15-17	Kristy Gabruck	200 Breast	3:05.10	2004	LETH

BUTTERFLY

9&10	Kamryn Cannings	50 Fly	34.70	2016	SHRPK
11&12	Julia Wiebe	50 Fly	31.84	2023	CLARE
13&14	Naoise Gelber	50 Fly	30.44	2023	PCK
15-17	Keely Hopkins	50 Fly	30.83	2014	LETH
18&O	Jessica Kelly	50 Fly	31.25	2008	REBEL
11&12	Laura Affeld	100 Fly	1:16.37	2004	STPL
13&14	Jessica Kelly	100 Fly	1:10.36	2005	REBEL
15-17	Elaine Gross	100 Fly	1:07.99	2007	HUMA
11&12	Kyra McMurray	200 Fly	3:25.72	2013	INNIS
13&14	Sophie Trageser	200 Fly	2:53.20	2001	HUMA
15-17	Elaine Gross	200 Fly	2:39.54	2007	HUMA

INDIVIDUAL MEDLEY

9&10	Elizabeth Rypien	200 IM	3:09.52	2002	PASS
11&12	Destiny Castagna	200 IM	2:49.87	2023	CASS
13&14	Amanda Saltesz	200 IM	2:43.55	2002	CALS
15-17	Elaine Gross	200 IM	2:43.06	2006	EMSC
13&14	Sophie Trageser	400 IM	6:10.55	2001	HUMA