

Allison Forsyth, COO & Partner ITP Sport & Recreation

Conference Keynote & Women in Coaching Speaker, Friday & Saturday

Topic: Coaching thru Safe Sport, Advocate for change



Born and raised on Vancouver Island B.C., Allison began her competitive ski career at 5 years of age.

Progressing quickly up the ranks and qualifying for the National Team at 17, she then competed exclusively on the World Cup Circuit of Alpine skiing for 11 years, maintaining a top 15 World Ranking for the entire length of her career. She is an 8 time Canadian Champion, has 5 World Cup podiums, and earned a bronze medal at the World Championships in 2003. She also competed for Canada in two Olympic Games, 2002

and 2006. After retiring due to injury in 2008, she took her experience in sport marketing and elite sport, and started her career in brand, marketing, and corporate communications.

Now in Ontario, Allison is a partner in **ITP Sport**, a Safe Sport agency. ITP is Canada's only full service Safe Sport programming and consulting agency. They offer organizations services ranging from prevention programming to independent complaint management. Living through her own sexual abuse in the sport system, Allison became an advocate for change and has used her voice, skills, and passion to lead critical changes in the Canadian sport system. She is a proud board member of AthletesCAN, has supported the CCES in the development of the Universal Code of Conduct, and acted as an athlete advocate in the development of the CAC Safe Sport training and education. Allison aims to make sport a safe, positive place for athletes of all levels, driven by her experience and her commitment for a better future in sport for her three young children.

Adam Klevinas, B.A., B.C.L, LL.B

Conference Sessions, Saturday, September 23

Topic: Governance Complaints Management



Adam Klevinas started his career as a litigation lawyer at McCarthy Tetrault LLP after being called to the Quebec Bar in 2012. In 2020, Adam founded Sportlex, a sport law and consulting firm, which provides legal and consulting services to National and Provincial Sport Organizations, the Canadian Olympic Committee, Anti-Doping Organizations such as WADA, the CCES and USADA, and anti-doping service providers, such as the International Testing Association.

Adam regularly appears before the Sport Dispute Resolution Centre of Canada (SDRCC) in selection, carding and doping disputes on behalf of National Sport Organizations and the CCES. He also acts on behalf of National Sport Organizations in disciplinary

matters.

Adam was also a member of Canada's junior and senior national sprint kayak teams and competed at the national and international level. He is a multiple national championship winner and medalist, as well as a medalist at the Pan American Championships. Prior to taking up kayaking, Adam played a number of other sports, including hockey, football and baseball. After he finished his kayaking career, Adam stayed involved in the sport as a coach and later as the Chair of Canoe Kayak Canada's High Performance Committee and a member of its Sprint Racing Counsel. He also took up road and mountain biking, cross-country and alpine skiing, as well as trail and marathon running.

Heather Birenbaum & Andrew Ourique

Conference Sessions Saturday, September 22

Topic: RTR and the new registration system, it's for coaches too!



Heather Birenbaum is the Acting Associate Director, Operations at Swimming Canada. She has worked at Swimming Canada since 2018 with the RTR and development of the new registration system as her biggest portfolios. She holds a Masters in Human Kinetics with a Specialization in Sport Management from the University of Ottawa.

Andrew Ourique is an organizational change management and communication specialist having spent over a decade working on large-scale business transformational initiatives leading design, implementation and sustainment efforts. He is a Prosci® Certified Change Practitioner, Certified ScrumMaster® and holds his Master of Business Administration from Dalhousie University.

Alayne Hing, M.Sc.

Conference Sessions Saturday, September 22

Topic: Culture of Excellence



Alayne Hing (she/her) is a Mental Performance Consultant and founder of Elite Edge. She is a professional member of the Canadian Sport Psychology Association (CSPA), the Association for Applied Sport Psychology (AASP), and is the Canadian Representative for the European Network of Young Specialists in Sport Psychology (ENYSSP). Alayne is on the High-Performance Advisory Council (HPAC) for Sport Scientist Canada as the Lead in Culture, Ethics & Inclusion. She also serves as Chair for the Women in Sport Science Mentorship Program across Canada, and is Chair of the Equity, Diversity, Inclusion & Accessibility committee for the Canadian Sport Institute Calgary. For the past 16 years, she

has worked with Olympians, professional and amateur athletes, and coaches to help them reach their peak performance with confidence. Her focus is on diversity, inclusion, equity and accessibility through sport.

Paige Wyatt, MSc., RD. Performance Dietitian CSI Calgary

Conference Session - Sunday September 24

Topic: Body Image



Originally from a small farming town in Saskatchewan, Paige completed her degrees in Nutrition and Dietetics and Exercise Science at the University of Saskatchewan before moving to Calgary to join the team at the Canadian Sport Institute Calgary. She recently completed her Master of Science at the University of Calgary with her research focussing on bone health and under fuelling risk in elite athletes.

Paige is currently a performance dietitian for the National Freestyle Halfpipe Skiing, Ski Cross, and Long Track Speed Skating teams. Paige loves to translate research into easy changes that can help athletes improve both their health and performance. Outside of work Paige loves to try new recipes, explore the city of Calgary on the back of her bike, and play boardgames with her partner.