



Excellence, Integrity, Innovation, Collaboration

DISCOVER ALBERTA 2018-2019

Purpose: A single day education and training session (4 hours) for both athletes and coaches to establish a foundation of knowledge on the following: swimming training, training skills on land and in the water, IST support and effective daily training environment.

Dates: Fall 2018 and Spring 2019

Location: Calgary and Edmonton, however these camps may run in different communities.

Participation Fee: \$25.00 per camp

Eligibility:

All finalists from the 12 & under female and 13 & under male age groups from any individual event from the selection competition will be selected for this opportunity.

Athlete Selection:

Swimmers who achieve a final equivalent, meaning Top 8 or Top 10 in a time final event, will be selected. Age will be based on first day of the selection competition.

Selection Competitions:

Fall 2018 - Summer Championships, June 28-July 1, 2018

Spring 2018 - Spring Championships, March 14-17, 2019

Staff Selection:

One Head Coach for each camp will be selected by Swim Alberta. One Team Manager will be selected by Swim Alberta.

*Each club with a selected swimmer must send a coach to the camp.