



SWIM ALBERTA

Female Youth Recognition Standards

TOP 1							EVENT	TOP 10							
11	12	13	14	15	16	17		11	12	13	14	15	16	17	
28.1	27.1	26.3	25.8	25.6	25.3	25.2	50 Free	SC	29.7	28.2	27.4	26.9	26.6	26.4	26.4
29.3	27.5	26.8	26.4	26.1	26.0	26.0		LC	30.4	28.8	28.0	27.5	27.2	27.1	26.9
1:01.3	58.6	57.4	55.6	55.1	54.5	54.5	100 Free	SC	1:05.0	1:01.8	59.7	58.4	57.6	57.1	56.9
1:03.0	1:00.2	58.4	57.0	55.8	55.8	55.7		LC	1:06.5	1:02.8	1:00.7	59.5	58.8	58.5	58.2
2:13.0	2:07.4	2:04.0	1:59.9	1:59.1	1:57.4	1:57.4	200 Free	SC	2:21.2	2:13.8	2:09.3	2:06.3	2:04.7	2:03.2	2:02.7
2:17.2	2:10.5	2:06.6	2:03.5	2:00.8	2:00.5	1:59.2		LC	2:24.4	2:16.7	2:11.9	2:09.0	2:07.1	2:06.2	2:05.5
4:41.7	4:30.4	4:20.8	4:16.5	4:13.9	4:09.3	4:09.3	400 Free	SC	4:58.3	4:42.6	4:33.3	4:27.5	4:23.5	4:20.8	4:20.8
4:47.8	4:35.3	4:27.3	4:19.7	4:17.5	4:16.4	4:12.5		LC	5:05.6	4:48.7	4:39.9	4:33.8	4:30.4	4:27.2	4:26.2
9:45.7	9:14.7	9:01.7	8:50.3	8:44.4	8:36.9	8:36.5	800 Free	SC	10:15.4	9:44.7	9:25.0	9:13.2	9:06.6	9:01.4	9:01.4
9:49.1	9:31.5	9:14.0	8:56.1	8:55.2	8:45.9	8:41.0		LC	10:37.3	9:59.9	9:39.5	9:26.3	9:18.9	9:14.5	9:13.4
1:05.7	1:05.5	1:02.7	1:00.9	0:59.9	0:59.5	0:59.0	100 Back	SC	1:13.3	1:09.1	1:06.3	1:04.6	1:03.5	1:03.1	1:02.7
1:10.6	1:07.3	1:05.0	1:03.2	1:02.2	1:01.7	1:01.3		LC	1:16.0	1:11.3	1:09.0	1:07.1	1:05.9	1:05.8	1:05.1
2:27.7	2:21.2	2:16.0	2:11.7	2:09.9	2:09.2	2:07.3	200 Back	SC	2:36.6	2:28.6	2:23.1	2:19.1	2:16.8	2:16.0	2:15.1
2:32.4	2:24.9	2:21.0	2:16.0	2:13.3	2:12.6	2:11.2		LC	2:42.5	2:32.7	2:28.4	2:24.7	2:22.4	2:20.9	2:20.5
1:16.4	1:13.9	1:12.0	1:10.5	1:09.2	1:08.4	1:07.5	100 Breast	SC	1:23.4	1:18.6	1:15.6	1:13.6	1:12.8	1:12.1	1:11.8
1:21.0	1:15.4	1:13.6	1:12.2	1:10.4	1:10.3	1:10.0		LC	1:26.0	1:20.6	1:17.5	1:15.9	1:15.1	1:14.3	1:14.1
2:47.8	2:39.5	2:34.8	2:31.4	2:28.9	2:27.1	2:24.9	200 Breast	SC	2:58.7	2:49.4	2:42.7	2:38.8	2:36.5	2:34.6	2:34.6
2:57.4	2:41.5	2:38.7	2:35.2	2:32.1	2:31.1	2:29.2		LC	3:04.2	2:53.9	2:47.1	2:43.1	2:41.9	2:40.1	2:39.8
1:08.2	1:04.5	1:02.5	1:00.6	1:00.0	0:59.3	59.0	100 Fly	SC	1:13.4	1:08.8	1:05.9	1:04.3	1:03.3	1:02.8	1:02.4
1:10.4	1:05.1	1:03.2	1:01.0	1:00.1	0:59.9	0:59.3		LC	1:14.7	1:09.9	1:06.8	1:05.1	1:04.2	1:03.8	1:03.5
2:32.3	2:24.0	2:19.2	2:15.4	2:13.8	2:11.9	2:11.2	200 Fly	SC	2:47.1	2:34.8	2:27.4	2:23.9	2:19.9	2:18.9	2:18.1
2:37.4	2:25.9	2:21.3	2:16.5	2:16.1	2:14.2	2:12.6		LC	2:51.6	2:37.7	2:29.3	2:25.5	2:23.0	2:22.0	2:21.3
2:30.0	2:23.7	2:19.4	2:16.5	2:14.4	2:13.2	2:11.6	200 IM	SC	2:39.6	2:31.5	2:26.3	2:22.9	2:21.1	2:19.4	2:18.4
2:37.4	2:26.8	2:22.0	2:19.8	2:16.3	2:14.9	2:14.0		LC	2:44.0	2:35.9	2:29.6	2:26.7	2:24.5	2:23.1	2:22.7
5:19.0	5:04.5	4:56.2	4:49.3	4:45.7	4:42.1	4:39.8	400 IM	SC	5:39.7	5:21.7	5:10.8	5:02.7	4:57.6	4:54.5	4:54.1
5:34.7	5:11.5	5:03.3	4:56.4	4:51.5	4:46.8	4:43.0		LC	5:50.2	5:30.9	5:18.6	5:11.0	5:06.5	5:04.1	5:02.5

All time standards are set to the tenth. Swimmers must equal or better the standard to qualify.

2018-2019