

Orca Invitational 2024

June 8, 2024

Meet Information and Meet Package





Orca Invitational 2024
Lethbridge, AB
June 8th, 2024

HOSTED BY Lethbridge Summer Swim Club Orcas

FACILITY Max Bell Regional Aquatic Centre
Located at University of Lethbridge
4401 University Drive West Lethbridge, Alberta T1K 3M4
8 lane pool

CONTACTS Meet Manager: Paige Peake
Contact E-mail: paige.peake05@gmail.com
Meet Phone #: 587-370-2222

Referee #1: John Dozeman

Referee#2: Morgan Dozeman

DATES Meet Dates: June 8th, 2024
Entry Deadline: June 4th, 2024 at 10:00pm

MEET TYPE Summer

CLUBS INVITED	Brooks Barracudas	Nanton Marlins
	Claresholm Krakens	Pincher Creek Dolphins
	Crowsnest Pass Piranhas	Taber Vipers
	Fort MacLeod Sharks	
	Lethbridge Orcas	
	Medicine Hat Manta Rays	

SAFE SPORT

Alberta Summer Swimming and Swim Alberta provides a fun, healthy, inclusive, and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers, and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment, or discrimination.



All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

RULES

The meet will be conducted under published World Aquatics and/or WPS rules and regulations supplemented by published and approved Swimming Canada, Swim Alberta and ASSA rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

COMPETITION AND DIVING READINESS STANDARDS

Entry to competition is limited to participants who have passed the Swim Alberta’s Competition Swim Test. During competitions, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

[Competition-Readiness-Club-Verification-Jan-2019.pdf](#)

The submission of the Competition Readiness – Club Verification Form, stating that all swimmers entered in the competition have completed Swim Alberta’s Competition Swim Test, is required prior to entries being accepted.

SWIMWEAR AT COMPETITIONS

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

REQUIREMENT FOR TIME TRIAL SANCTIONS

A Time Trial sanction is limited to one (1) event with one (1) swimmer or one (1) relay team. No entry fees are permitted for Time Trials.

DIVING RULES

The following rule applies to the start end of the pool:

Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.



The following rule applies to the turn end of the pool (for the 4 x 25m relay):
Starts will be conducted from Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1

SCRATCHES

Swim Alberta scratch rule will be in effect for this competition.

SCHEDULE*

Coaches Meeting: we will not be holding an official coaches meeting, please see head referee, John Dozeman for outstanding questions prior to the session start.

Warm-Up: 7:35 – 8:20 am

Racing Start: 8:30 am

** Lunch and afternoon racing start time will be based on entries and session timeouts; the expected times will be communicated prior to the start of the competition.*

Eligibility

This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA.

ENTRY PROCEDURE

All entries must be submitted through the Swimming Canada Registration System.

Deck Entries

Swimmer Deck Entries may be permitted by Meet Management
Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

ENTRIES

- This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA
- Entry Fees: \$5.00 per swimmer*
**Entry fees will include the Summer Swim Club Sanctioning fee of \$3.00 per swimmer, per competition. Note: ASSA has approved guidelines for the maximum entry amount.*
- Maximum individual entries per swimmer: 4
- Maximum relay entries per swimmer: 2
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system. Deck entries may be permitted at a cost

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of \$10.00 per swimmer, provided an extra heat is not created. Deck entries will swim as exhibition and will be seeded with no time (NT).

Meet Format: Timed Finals

- Events and Age Groups: The ASSA standard events and age groups as per the ASSA Rules and Regulations will be used.
- Seeding:
 - Events will be swum 'slowest to fastest', by age group, following SW 3.1.2 seeding rules
 - Clubs may choose to run events or competitions as mixed gender.
 - Clubs may choose to combine events by gender and/or age group for seeding purposes. Results will be separated by gender.
- Scratches should be submitted to the meet manager prior as per the Swim Alberta Scratch Rule.
- Scratches are to be supplied to the Administration Desk on the supplied scratch sheet in the coach's package.
- Relay names are to be submitted with the online entries. Relay name changes are to be submitted to the Administration Desk a minimum of 30 minutes prior to the first relay event, based on session timeouts, regardless of the age or gender of the relay.

AWARDS

- Scoring (individual and relay events):
 - 8-Lanes = 9,7,6,5,4,3,2,1 (8 lanes)
- Ribbons:
 - Individual events - Swimmers placing in the top 8 in their event shall receive a ribbon.
 - Relay events – Swimmers placing in the top 8 as members of the relay team shall receive a ribbon.
- Aggregate Awards: Medals will be presented to the top three male and top three female in each age group based on the total points earned in their individual swims:
 - 6&U, 7&8, 9&10, 11&12, 13&14, 15-17,Para
 - Aggregate awards will not be offered for over 18.

EVENTS

Para swimmers will be seeded based on time, age and gender. There are no para specific events.

Mixed gender relays (2 males and 2 females) will be scheduled with the other Boys/Girls relays.

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Saturday Morning Events	Saturday Afternoon Events
<input type="checkbox"/> 200 Free	<input type="checkbox"/> 400 Free
<input type="checkbox"/> 25 Free (8 & Under)	<input type="checkbox"/> 25 Flutter (6 & Under and 8 & Under)*
<input type="checkbox"/> 50 Free	<input type="checkbox"/> 25 Fly (10 & Under)
<input type="checkbox"/> 50 Breast (10 & Under)	<input type="checkbox"/> 50 Fly
<input type="checkbox"/> 100 Breast	<input type="checkbox"/> 25 Back (10 & Under)
<input type="checkbox"/> 50 Fly (10 & Under)	<input type="checkbox"/> 50 Back
<input type="checkbox"/> 100 Fly	<input type="checkbox"/> 25 Breast (10 & Under)
<input type="checkbox"/> 50 Back (10 & Under)	<input type="checkbox"/> 50 Breast
<input type="checkbox"/> 100 Back	<input type="checkbox"/> 50 Free (8 & Under)
<input type="checkbox"/> 100 IM	<input type="checkbox"/> 100 Free
<input type="checkbox"/> 100 Medley Relay (10 & Under)	<input type="checkbox"/> 200 IM
<input type="checkbox"/> 200 Medley Relay	<input type="checkbox"/> 100 Free Relay (10 & Under)
	<input type="checkbox"/> 200 Free Relay

*Events that are 'fun' events do not score and are not counted towards the maximum number of individual entries



APPENDIX A

SWIM ALBERTA SCRATCH RULE

Time Final Meets including Swim Alberta Winter & Summer Festivals and all Summer Swimming Competitions:

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk.

Scratches for the session's events are to be submitted to the Administration Desk 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

Deadlines for Relays:

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.