Inter Pipeline presents:
Cochrane Piranhas'
Summer Invitational

July 6, 2024

Meet Information and Meet Package

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Cochrane, Alberta

Saturday, July 6, 2024

HOSTED BY	Cochrane Piranhas Summer Swim Club, generously sponsored by Inter Pipeline
FACILITY	Jayman Built Aquatic Center, SLS Center 800 Griffin Road E Cochrane AB T4C 2B8 8 lanes
CONTACTS	Meet Manager: Lisa Preston Contact E-mail: Piranhas.meet.manager@gmail.com Meet Manager Phone #: 403.922.4002 Referee #1: Erin Flory Referee#2: Astrid Eckstein Volunteer Co-ordinator: Lynette Slanley Volunteer Co-ordinator email: volunteercoordinatorpiranhas@gmail.com
DATES	Meet Dates: Saturday, July 6, 2023 Entry Deadline: Wednesday, July 3, 2023, 12:00 noon
MEET TYPE	Summer
CLUBS INVITED	Calgary Swordfish Calgary Tritons Canmore Coho Cochrane Piranhas Didsbury Aqua-Jets High River Otters Okotoks Stingrays

SAFE SPORT

Alberta Summer Swimming and Swim Alberta provides a fun, healthy, inclusive and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment or discrimination.

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

RULES

The meet will be conducted under published World Aquatics and/or WPS rules and regulations supplemented by published and approved Swimming Canada, Swim Alberta and ASSA rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

COMPETITION AND DIVING READINESS STANDARDS

Entry to competition is limited to participants who have passed the Swim Alberta's Competition Swim Test. During competitions, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

The submission of the Competition Readiness – Club Verification Form, stating that all swimmers entered in the competition have completed Swim Alberta's Competition Swim Test, is required prior to entries being accepted.

SWIMWEAR AT COMPETITIONS

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

REQUIREMENT FOR TIME TRIAL SANCTIONS

A Time Trial sanction is limited to one (1) event with one (1) swimmer or one (1) relay team. No entry fees are permitted for Time Trials.

DIVING RULES

The following rule applies to the start end of the pool:

1. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.
2. 2. Starts will be conducted from the Deck or Bulkhead as per CSW 4.1.1., for swimmers who are developing on their dive readiness.
3. The following rule applies to the turn end of the pool (for the 4 x 25m relay): In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.

SCRATCHES

Swim Alberta scratch rule will be in effect for this competition.

SCHEDULE*

Coaches' Meeting: 7:15 am

Warm-Ups: 7:30 – 8:20 am -

An afternoon warm up may be offered if session time-outs and actual pacing allow. More details will be given in the technical bulletin.

Officials Meetings: 7:30 am – both am and pm officials are expected to attend.

Racing Start: 8:30 am/1:00* pm

Lunch and the afternoon racing start time will be based on entries and session timeouts; the expected times will be communicated prior to the start of the competition. These may change on deck and will be announced.   If the meet has more participants than expectedPlease check the technical bulletin for updates in this regard.

Eligibility

This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA from region E clubs.

ENTRY PROCEDURE

All entries must be submitted through the [Swimming Canada online system](#).

Deck Entries

Swimmer Deck Entries may be permitted by Meet Management

Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

ENTRIES

● This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA

- Entry Fees: $26.00 per swimmer*
  Entry fees will include the Summer Swim Club Sanctioning fee of $3.00 per swimmer, per competition. Note: ASSA has approved guidelines for the maximum entry amount.
- Maximum individual entries per swimmer: 4
- Maximum relay entries per swimmer: 2
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system. Deck entries may be permitted provided an extra heat is not created and swimmers have paid the full entry fee. Deck entries will swim as exhibition and will be seeded with no time (NT).
- Meet Format: Timed Finals
- Events and Age Groups: The ASSA standard events and age groups as per the ASSA Rules and Regulations will be used.
- **Coaches please mark exhibition swimmers in the entry file**. If a team is unable to do this with their software, then they must then email the meet manager to indicate that their exhibition swimmers are not marked: piranhas.meet.manager@gmail.com
- **Coaches –** please let us know if you are entering para swimmers.

- Seeding:
  - Events will be swum 'slowest to fastest', by age group, following SW 3.1.2 seeding rules.
  - Meet management reserves the combine events by gender or age group to allow for timely progress of the meet. Results will be separated by gender and age group.
- Scratches should be submitted to the meet manager prior as per the Swim Alberta Scratch Rule.
- "Day-of" scratches are to be supplied to the Clerk of Course on the scratch sheet available at the clerk of course's table, by 8:00 am.
- Relay names are to be submitted with the online entries. **Relay name changes are to be submitted to the clerk of course a minimum of 30 minutes prior to the first relay event,** based on session timeouts, regardless of the age or gender of the relay.

AWARDS
- Scoring (individual and relay events):
  - 8-Lanes = 9,7,6,5,4,3,2,1 (8 lanes)
- Ribbons:
  - Individual events - Swimmers placing in the top eight (8) in their event shall receive a ribbon.
  - Relay events – Swimmers placing in top eight (8) as members of the relay team shall receive a ribbon.

EVENTS

- Para swimmers will be seeded based on time, age and gender. There are no para specific events.
- Mixed gender relays (2 males and 2 females) will be offered, but, at the discretion of the meet manager, may be scheduled with the other Boys/Girls relays.

Please Note:

- The meet manager reserves the right to cancel events if needed based on time restrictions or low enrollment.
- The meet manger reserves the right to combine events (in accordance with ASSA rules) to allow the meet to proceed efficiently.

Saturday Morning Events	Saturday Afternoon Events
☒ 200 Free (9 & Over)	☒800 Free (11 & Over)
☒25 Fly (10 & Under)	☒25 Flutterboard (8 & Under)*
☒50 Fly (11 & Over)	☒25 Breast (10 & Under)
☒50 Breast (7-10)	☒50 Breast (11 & Over)
☒100 Breast (11& Over)	☒50 Free (8 & Under)
☒25 Free (8 & Under)	☒100 Free (9& Over)
☒50 Free (9 & Over)	☒50 Fly (9-10)
☒200 IM (11 & Over)	☒100 Fly (11 & Over)
☒50 Back (10 & Under)	☒25 Back (10 & Under)
☒100 Back (11 & Over)	☒50 Back (11 & Over)
☒100 (4x25) Free Relay (10 & Under)**	☒100 IM (7 & Over)
☒200 (4x50) Free Relay (11 & Over)**	☒400 Free (9 & Over)
	☒100 (4x25) Medley Relay (10 & Under)**
	☒200 (4x50) Medley Relay (11 & Over)**

*Events that are 'fun' events do not score and are not counted towards the maximum number of individual entries. Ribbons will be awarded for fun events in the appropriate ASSA age groups. Please note: Swimmers with a recorded time in 50 free will not be eligible to compete in the 25 m flutterboard event.

** Mixed Relay Event will be offered.

Warm Ups

Lane Assignments will be emailed to clubs after receiving all entries. Warm up procedures will be posted on the pool deck and will be staggered to ensure we do not exceed pool capacity.

Coaches: Please contact the meet manager before June 3 at noon if you have swimmers that would benefit from a sensory friendly warm up experience.   The Piranha's value inclusivity or all diversity. We will try to accommodate swimmers with sensory needs at an alternate time.

Officials:

As with any swim meet, we require many officials and other volunteers. Volunteer coordinators from each club please connect with volunteercoordinatorpiranhas@gmail.com. Each club is expected to provide at least 1 volunteer for every 4 swimmers entered. Please ensure your volunteers meet certification requirements.

Officials' meetings are planned as below.

- 8:00 am for Saturday for all officials

Please note: Safety Marshalls are expected to be on deck by 7:15 to allow them to be briefed prior to the commencement of warm-ups.

These meetings will take place in the Creekside (#2) pool classroom that can be accessed from the hallway leading to the viewing area, or from the pool deck.

Officials and coaches will be provided with a lunch on Saturday. **Please bring your own water bottle to the meet** to reduce the need for disposable cups / water bottles. Bringing reusable plates/cutlery for the officials'/coaches' lunch is also encouraged.

Facility Notes

- **Pool Access**
  - Swimmers will access the pool deck via the men's and women's change rooms. There may be exceptional circumstances that require the use of the universal change rooms, but they should not be used by most swimmers.

- Participants are expected to treat the facility, officials, staff and all members of the public in a respectful manner. The therapy pool and hot tub, lazy river and shallow end of the leisure pool are open to the public and are NOT AVAILABLE to ASSA swimmers.

- **Warm-Up/Cool Down Lanes:** There are 3 – 17.5 m lanes for warm-up / cool down lanes available in the leisure pool during the swim meet.

- The curling dry pad will be available to house the swimmer and their families.   For the safety of all our swimmers, please NO wheeled items (scooters, wheelies, etc.) or thrown items (balls, frisbees, etc.) on the curling pad. There is a large grassy area to the south of the rec center that you are welcome to use for these activities.

APPENDIX A

SWIM ALBERTA SCRATCH RULE

Time Final Meets including Swim Alberta Winter & Summer Festivals and all Summer Swimming Competitions:
Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Clerk of Course.

Scratches for the session's events are to be submitted to the Clerk of Course 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

Deadlines for Relays:
The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.