Pincher Creek Dolphins Invitational Swim Meet

July 12 &13, 2024

Meet Information and Meet Package

Pincher Creek Dolphins Invitational Swim Meet

Pincher Creek

July 12&13, 2024

HOSTED BY   Pincher Creek Dolphin Swim Club

FACILITY

Pincher Creek Swimming Pool, 895 Main St, Pincher Creek AB 6 lanes

CONTACTS

Meet Manager: Eliza Grose   Jessica Munsell (Shadow)
Contact E-mail: grose.eliza@gmail.com
Meet Phone #: 403-627-9489

Meet Referee: Mike Alexander & John Dozeman
Referee E-mail: mike.alexander@gov.ab.ca   johnd@assa.ca

DATES   Meet Dates: July 12, 2024 to July 13, 2024
Entry Deadline: July 8, 2024 at 10:00pm

MEET TYPE   Summer

CLUBS INVITED Brooks Barracudas

Claresholm Krakens

Crowsnest Pass Piranhas

Fort Macleod Sharks

Lethbridge Orcas

Medicine Hat Manta Rays

Nanton Marlins

Pincher Creek Dolphins

Taber Vipers

SAFE SPORT

Alberta Summer Swimming and Swim Alberta provides a fun, healthy, inclusive, and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers, and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment, or discrimination.

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

RULES

The meet will be conducted under published World Aquatics and/or WPS rules and regulations supplemented by published and approved Swimming Canada, Swim Alberta and ASSA rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

COMPETITION AND DIVING READINESS STANDARDS

Entry to competition is limited to participants who have passed the Swim Alberta's Competition Swim Test. During competitions, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

The submission of the Competition Readiness – Club Verification Form, stating that all

swimmers entered in the competition have completed Swim Alberta's Competition Swim Test, is required prior to entries being accepted.

SWIMWEAR AT COMPETITIONS

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Requirement for Time Trial Sanctions

A Time Trial sanction is limited to one (1) event with one (1) swimmer or one (1) relay team. No entry fees are permitted for Time Trials.

DIVING RULES

The following rule applies to the start end of the pool:

1. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.

The following rule applies to the turn end of the pool (for the 4 x 25m relay):
In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.

SCRATCHES

Swim Alberta scratch rule will be in effect for this competition.

SCHEDULE*

	July 12, 2024	July 13, 2024
Coach Meeting	6:15pm	
Warm up time	6:30 pm	7:40 am
Start time	7:00 pm	8:30 am

* Lunch and afternoon racing start time will be based on entries and session timeouts; the expected times will be communicated prior to the start of the competition.

ENTRY PROCEDURE

All entries must be submitted through the [Swimming Canada online system](#).

ELIGIBILITY

This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA.

DECK ENTRIES

Swimmer Deck Entries may be permitted by Meet Management

Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

ENTRIES

- This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA
- Entry Fees: **$5.00** per swimmer
- Maximum individual entries per swimmer: 4
- Maximum relay entries per swimmer: 2
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system. Deck entries will swim as exhibition and will be seeded with no time (NT).
- Events and Age Groups: The ASSA standard events and age groups as per the ASSA Rules and Regulations will be used.
- Seeding:
  - Events will be swum 'slowest to fastest', by age group, following SW 3.1.2 seeding rules
- Seeding:
  - Events will be swum 'slowest to fastest', by age group, following SW 3.1.2 seeding rules
  - Clubs may choose to run events or competitions as mixed gender.
  - Clubs may choose to combine events by gender and/or age group for seeding purposes. Results will be separated by gender.
- Scratches should be submitted to the meet manager prior as per the Swim Alberta Scratch Rule.
- Scratches are to be supplied to the Administration Desk on the supplied scratch sheet in the coach's package.
- Relay names are to be submitted with the online entries. Relay name changes are to be submitted to the Administration Desk a minimum of 30 minutes prior to the first relay event, based on session timeouts, regardless of the age or gender of the relay.

AWARDS

- Scoring (individual and relay events):
  - 6-Lanes = 7,5,4,3,2,1 (6 lanes) ● Ribbons:
  - Individual events - Swimmers placing in the top 6 in their event shall receive a ribbon.
  - Relay events – Swimmers placing in the top 6 as members of the relay team shall receive a ribbon.
- Aggregate Awards: Medals will be presented to the top three male and top three female in each age group based on the total points earned in their individual swims:
  - 6&U, 7&8, 9&10, 11&12, 13& 14, 15-17, Para
- Team Scoring: The clubs earning the highest overall points and net points shall receive a team award.

EVENTS

☐ Para swimmers will be seeded based on time, age and gender. There are no para specific events.

☐Mixed gender relays (2 males and 2 females) may be scheduled with the other Boys/Girls relays.

Friday Distance Events	
400 Free	800 Free
50 Fly (10 & Under)	1500 Free
100 Fly	200IM
Saturday	
Morning Events	**Afternoon Events**
200 Free	50 Free (8 & Under)
25 Free (8 & Under)	100 Free
50 Free	50 Breast (10 & Under)
25 Breast (10 & Under)	100 Breast
50 Breast	25 Back (10 & Under)
50 Back (10 & Under)	50 Back
100 Back Free	25 Flutter (8 & Under)*
100 IM	25 Fly (10 & Under)
	50 Fly

100 Medley Relay (10 & Under)	100 Free Relay (10 & Under)
200 Medley Relay	200 Free Relay

*Events that are 'fun' events do not score and are not counted towards the maximum number of individual entries

APPENDIX A

SWIM ALBERTA SCRATCH RULE

Time Final Meets including Swim Alberta Winter & Summer Festivals and all Summer Swimming Competitions:
Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk.

Scratches for the session's events are to be submitted to the Administration Desk 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

Deadlines for Relays:
The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.