

# SWIM ALBERTA



## Swim Alberta

Providing innovative and world-class athlete development and high performance competitive swimming programs.



## ANNUAL REPORT 2016

# SWIM ALBERTA



## Mission

Providing innovative and world-class athlete development and high performance competitive swimming programs.

## Values

Swim Alberta values:  
Excellence, Integrity, Innovation  
and Collaboration.

## Strategic Directions

### Strategic Direction #1: Athlete Development

Provide a system where all swimmers have the appropriate environment at each stage of swimming that includes coaching, facilities, sport science and funding to reach their full potential.

### Strategic Direction #2: Coach Development

Support coach education and create development opportunities that challenge and elevate the skills of professional swim coaches within Alberta. Development of recruitment and retention strategies for professional swim coaches.

### Strategic Direction #3: Club Development

Provide resources and leadership to support the development of a strong sustainable system of clubs throughout Alberta.

### Strategic Direction #4: Official Development

Establish effective official development, education, and mentorship opportunities to ensure the delivery of technically proficient competitions at all levels.

### Strategic Direction #5: Advocacy

Advocate and provide leadership to advance sport and swimming.



## President and Executive Director Message

What an incredible year in swimming! Coming off the tremendous success that our Olympic and Paralympic Teams had in Rio, we are excited about what the future holds for our sport. The success our teams had at the Olympic and Paralympic Games will provide great opportunity for us to continue to build and create a vibrant, successful and world-class swimming community.

We want to acknowledge our Olympic and Paralympic Athletes in Alberta. Congratulations to Rachel Nicol (LASC) and Jason Block (UCSC) for their performances this past summers. They were part of a team that literally inspired a nation, and we could not be more proud of their achievements and accomplishments this past year. Rachel earned a 5th place finish in the 100 Breast in a time of 1:06.68 as well as 5th in the Women's 4 x 100 MR final. Jason, who did not receive his nomination to the team until early July formed part of the Men's 4 x 100 MR who finished 16th and also finished 24th in the 100 Breast in a time of 1:00.71. As we write this, we are still watching and cheering for our three Paralympians – Tammy Cunningham (RDCSC), Morgan Bird (CASC) and Zack McAllister (LASC).

Our athletes continue to perform and represent Alberta well on the national and international stages making many junior and senior national teams. In total we placed 13 athletes on senior, junior and para national teams with representation at Rio Olympics, Rio Paralympics, Junior Pan Pacs, Mare Nostrum, and Youth Relay and Development Camps.

This past year saw Swim Alberta focus on a Provincial Competition Review, Implementation of a Revised Athlete Technical and Funding Program Model and a shift in how we supported and delivered our Provincial Competitions. The Provincial Competition Review ensures that we are intentionally aligned with Swimming Canada's Competition Improvement Plan and Long Term Athlete Development Model.

The new competition structure that will begin this upcoming year will ensure our athletes benefit from developmentally appropriate competition.

With changes being recommended in 2014 – 2015 to our Athlete's Programs, the revised technical and funding programs for athletes began in 2015-2016. The new program is based on the 4-year Olympic Quadrennial, with programming initiatives commencing in Year 4 of the cycle this past year. The final area of focus during this past year was the implementation of a new provincial competition delivery model. This was done in partnership with the two regions – Swim Alberta Northern and Southern Regions and host clubs and provided greater flexibility in how we are able to fund other provincial programs and initiatives.

With the Olympic Year coming to a close and the completion of our 2012 – 2016 strategic plan, Swim Alberta will begin to look to the future. We recognize that many opportunities exist to redefine our success over the next several years and begin to lay out new strategies and goals for the organization. The Board of Swim Alberta and staff will work closely with our many stakeholders in this upcoming year to establish the next 8-year cycle of strategies and goals, ensuring that we have a strong foundation to continue to build and enhance success for our athletes – present and future, coaches and clubs. We look forward to continuing to work in partnership with our members and stakeholders in the upcoming year.

Sincerely,

Dean Schultz,  
President

Cheryl Humphrey,  
Executive Director



## A YEAR IN REVIEW

### HIGH PERFORMANCE SWIMMING

Swim Alberta has been well represented internationally during the past year having had swimmers selected for Swimming Canada teams at every level.

#### **Senior Swimming Representation:**

The Olympic trials were the usual roller coaster ride for the swimmers and coaches with Swim Alberta featuring in many finals every night. We had five successful swimmers winning the right to represent Canada at the Rio Olympic and Paralympic Games:

#### **2016 Rio Olympics**

Rachel Nicol (LASC) 5th in the final of the 100 breast in 1:06:68 and 5th in the Women's 4 x 100 MR final  
Jason Block (UCSC) 24th in the 100 Breast in 1:00:71 and 16th 4 x 100 MR

#### **2016 Rio Paralympics**

Tammy Cunningham (RDCSC)  
Morgan Bird (CASC)  
Zack McAllister (LASC)

At the time of printing, the 2016 Rio Paralympics were underway. Highlights from these game will be provided in the 2017 Report.

#### **Junior Swimming Representation:**

2016 was another successful year for our junior programs where we not only had several of our team's finish in the top 10 at National Age groups, but also had six swimmers qualify to represent Canada on different teams.

#### **Junior Pan Pacs**

Rebecca Smith (CASC)  
Stephan Calkins (UCSC)  
Sophia Saroukian (EKSC)  
Ingrid Wilm (CASC)

#### **Mare Nostrum Tour**

Rebecca Smith (RDCSC)

#### **Youth Relay Camp**

Mackenzie Flowers (EKSC)  
Joshua Young (RDCSC)

#### **Development Team Training Camp**

Rebecca Smith (RDCSC)

# SWIM ALBERTA



## PROVINCIAL PROGRAMS

### Swim Alberta Camps & Tours

#### **Discover**

The inaugural discover camp series ran in partnership with the Alberta Sport Development Centre (ASDC) in both Edmonton and Calgary. The three one-day camp series included both pool and land based testing, training and education for 40 athletes in the north and 40 athletes in the south. The camps included coach information sessions with dryland experts provided by the ASDC.

#### **Emerge**

The 2016 Olympic and Paralympic Trials provided an exciting training and observation opportunity for some of Western Canada's top development aged swimmers. A total of 20 swimmers and three coaches attended a five-day camp in Toronto, April 4-8, 2016. The camp, which ran in partnership with Swim BC, Swim Manitoba and Swim Saskatchewan, provided training, education and specific tasks during observation of finals each day.

#### **Aspire**

Ten athletes attended the first Aspire camp, which ran February 5-6, 2016 in Edmonton. The Aspire camp included individual video analysis, classroom and pool education sessions and an opportunity to meet and have dinner with Alberta's varsity swimmers from both the University of Alberta and the University of Calgary programs.

#### **Excel**

This year's event was competing at the Mare Nostrum Tour, which is a series of three linked two-day competitions in Monaco, Canet & Barcelona. Six Alberta swimmers were selected to the Excel tour based on results posted from Olympic Trials. The Alberta swimmers had a valuable international learning experience including learning to race and travel whilst maintaining their training and all swimmers achieved at least one-second-swim opportunity. Dave Johnson and Mark Perry attended as coaches.

### **Para Swimming Day**

On November 28-29, 2015 Swim Alberta and Swimming Canada ran a revised version of the para swimming program in Edmonton and Calgary. The revised program provided a regional classification opportunity, a grassroots exposure for new para swimmers, a training session for experienced para swimmers and a coach information session. The regional format had six new classified swimmers, seven swimmers in the exposure camp, six swimmers in the development camp and a total of nine coaches attending the information session. The camps were run by Janet Dunn, Swimming Canada's Para Swimming Development Coach.

### 2016 Alberta Summer Games

The Alberta Summer Games ran in Leduc from July 14-17, 2016. The games involved 187 swimmers and a record number of para and Special Olympic swimmers (14). Thanks to Janette Tajcnar and her team from the Triton Swim Club all their efforts running the games.

### Youth Recognition

During the short course season a total of 101 athletes were recognized with the youth recognition award. There were 16 swimmers aged 10 and under who achieved the Top 5 award. In the 11-17 year old age groups there were 8 individuals achieving Top 1 recognition while 77 achieved Top 10. The long course season had a total of 124 total recipients. The 10 and under category had a total of 23 recognized swimmers. The 11-17 year olds saw 11 individuals achieve Top 1 ranking while 95 made the Top 10 award.

### Coach Certification

The 2015-2016 season saw NCCP Community Coach move past pilot phase to being a recognized course by Swimming Canada for new coaches. The course provides clubs with an easier entry point for assistant coaches. Swim Alberta had a total of 264 participants attend NCCP swimming courses this past season compared to 167 two years ago, the total participants by course are below.

- Community Coach = 121
- Swimming 101 = 117
- Swimming 201 = 8

# SWIM ALBERTA



## **PROVINCIAL COMPETITIONS**

The Age Group & Senior Championships using both 50m pools at the Talisman Sports Centre in Calgary and for the first time in many years ran a combined Age Group and Senior finals session. The total number of competitors for the 2015-2016 season are below.

- Regional Trials Short Course: 738 swimmers (264 North / 474 South)
- Age Group Championships Short Course: 426 swimmers
- Regional Trials Long Course: 666 swimmers (227 North / 439 South)
- Alberta Open: 300 swimmers
- Age Group / Senior Championships Long Course: 738 swimmers

## **DOMESTIC COMPETITIONS**

Congratulations to our athletes, coaches and clubs for their performances at Canadian Age Group Championships (hosted by Southern Region – Swim Alberta and Swimming Canada) and Canadian Swimming Champions (hosted by EKSC and Swimming Canada).

Canadian Age Group Championships Top Clubs:  
Cascade Swim Club (CASC) 3rd place  
University of Calgary Swim Club (UCSC) 4th place  
Edmonton Keyano Swim Club (EKSC) 5th place.

Canadian Swimming Championships Top Clubs:  
Edmonton Keyano Swim Club (EKSC) 4th place  
Cascade Swim Club (CASC) 7th place

## **COMMITTEES OF SWIM ALBERTA**

### **Alberta Coaches Council (ACC)**

The Alberta Coaches Council is elected by the coach membership in Alberta. The ACC provides advise and consultation for the format of the provincial meets, tour teams, stroke camps and funding programs. The ACC also endeavors to provide coach education and mentorship opportunities to the coaches of Alberta. Members of the committee for the 2015-2016 year included: Dave MacDonald (Chair), Wendy Johnson, Brad Mori, Carl Simonson, Peter Schori, Mandi Smith and Chris Nelson. HPAC Rep: Dave Johnson/Mike Blondal.

### **High Performance Advisory Committee (HPAC)**

HPAC is an appointed committee of Alberta. HPAC is responsible for the oversight and guiding the development of High Performance athlete technical programs, which includes funding, competition structure oversight, technical programs and related systems and structures (IST) to support identified high performance swimmers in the province of Alberta.

Members included: Dave Johnson (Chair April 2015 – April 2016); Mike Blondal (Chair, April 2016), Peter Schori, Derrick Schoof.

### **Alberta Officials Committee (AOC)**

The Alberta Officials Committee is responsible for the development of swimming officials at all levels in Alberta. This includes year round swimming, Alberta Summer Swimming Association, Para Swimming and Masters Swimming. The committee organizes officiating clinics throughout the year, supports the training and development of referees and provides ongoing guidance to officials. The committee members include: Patti Clarkson (Chair), Steve Brown (Southern Region Officials Chair), Juliann Hafer (Northern Region Officials Chair), Lockie Lister (Provincial Officials Registrar), Andre Harpe (ASSA), Doug Bird, Peter Burke, Jerry Hockins, Jennifer Flowers.

### **Alberta Masters Swimming Committee**

The Alberta Masters Swimming Committee is an operational and technical committee of Swim Alberta, which works with swimmers who are 18 years of age or older. The committee is an advisory committee that guides masters swimming, provides oversight for the Masters Provincials and other initiatives that focus on masters swimming. The committee members include: Carli Tyson, Dave Amundrud, Grant Andruchow.

## **PARTNERS OF SWIM ALBERTA**

### **Alberta Summer Swimming Association**

The Alberta Summer Swimming Association works in close partnership with Swim Alberta to provide summer swimming opportunities to over 3200 swimmers through 55 summer clubs in the province. Through a unique service agreement, the two organization work together to ensure the needs of summer swimmers, coaches and officials are met and a successful swimming experience is provided to all.

### **Swim Alberta – Southern Region and Northern Region**

The Southern and Northern Regions of Swim Alberta provide ongoing support to Swim Alberta and the area clubs through a coordination of official's clinics, coach funding programs and athlete funding programs. This past year they provided financial support through our provincial competitions. Southern Region continues to offer a strong Junior Circuit Program and was co-host of the Canadian Age Group Championships for 2016.





## FOCUS AREAS

### **AREAS OF FOCUS OVER THE LAST YEAR**

#### ***Provincial Competition Review***

Swim Alberta has undertaken an extensive review of its provincial competitions during the 2015 – 2016 season to ensure competitions intentionally align with Swimming Canada's Competition Improvement Plan and Long-Term Athlete Development Model. The provincial competition format ensures that all athletes benefit from developmentally appropriate competition. During the 2016 -2017 season the revised competition format for provincial competitions will be rolled out. We will continue to work closely with Swimming Canada to ensure alignment to the national level as well as the LTAD model. In addition, Swim Alberta will continue to monitor the effectiveness of these changes and make adjustments as necessary.

#### ***Implementation of Athlete Technical Programs and Funding Programs***

Throughout 2014 -2015, the organization undertook an extensive review of our provincial athlete programs (tour teams and camps) as well as our funding programs. Throughout the past competitive season this programs were rolled out across the province and partnerships established where needed with Canadian Sport Institute and the Alberta Sport Development Centre's. The program is based on the 4 year Olympic Quadrennial, with programming initiatives commencing in Year 4 (Olympic Year) of the Cycle.

#### ***Provincial Meet Delivery Model***

In partnership with the Northern and Southern Region of Swim Alberta and identified host clubs for provincial meets, Swim Alberta launched a new provincial meet delivery model. The model provided greater support from Swim Alberta to local clubs hosting provincial meets with the technically delivery of the competitions including meet entries and meet fee collections. The Regions provided financial support in the provision of facilities for the competitions. The change in supporting traditional athlete funding programs by the regions allowed Swim Alberta greater flexibility in developing and implementing programs for athletes and coaches in the province. Thank you to the host clubs who assisted this year in rolling out this new model.

#### ***Alberta Sport Plan – Implementation Task Force***

Swim Alberta played a key role as a member of the implementation Task force for the Alberta Sport Plan over the 2014 and 2015 calendar years. The Implementation strategy for going the Distance the Alberta Sport Plan has been developed through a consultative process overseen by the Alberta Sport Connection, with a Task Force of representative members of the Alberta sport community. The strategy builds on the Sport Plan framework by referencing all points of focus and developing appropriate goals, strategic objectives and actions. The implementation plan is for a ten-year period 2016 – 2026.

### **AREAS OF FOCUS FOR 2016-2017**

#### ***2016 – 2024 and beyond Strategic Plan***

Swim Alberta's strategic plan for the period 2012 – 2016 guided the direction and strategies of the organization over the past 4 years. The Board of Swim Alberta, staff and stakeholders will begin work in the fall of 2016 to establish the next 8-year cycle of strategies and goals for Swim Alberta, ensuring that a strong foundation is in place for achieving success over the next several years. The plan will align with Swimming Canada's strategic directions as well as the Alberta Sport Plan.

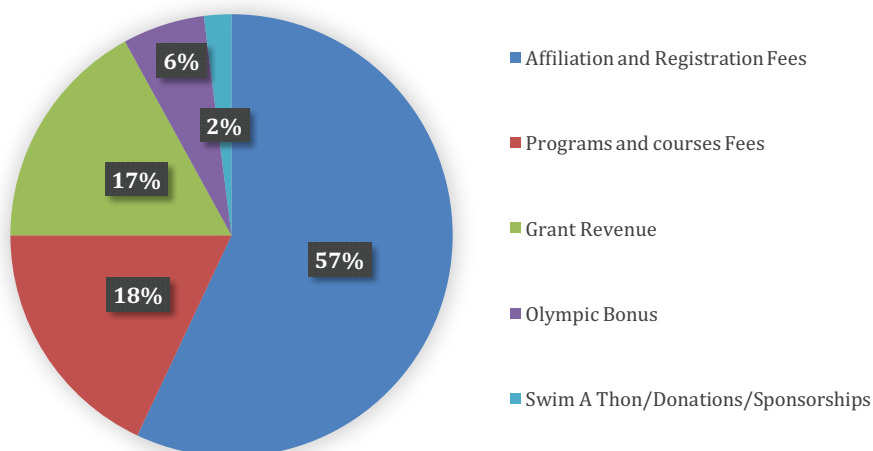
#### ***Competition Review – Phase 2***

Phase 2 of the competition review will evaluate and review all sanctioned competitions in Alberta as well as the sanctioning process. The review will ensure that we are able to support the appropriate development of swimmers from the grassroots/ development level competitions through to club invitational competitions while ensuring alignment with provincial competitions, Swimming Canada's Competition Improvement Plan (phase 2) and LTAD model.

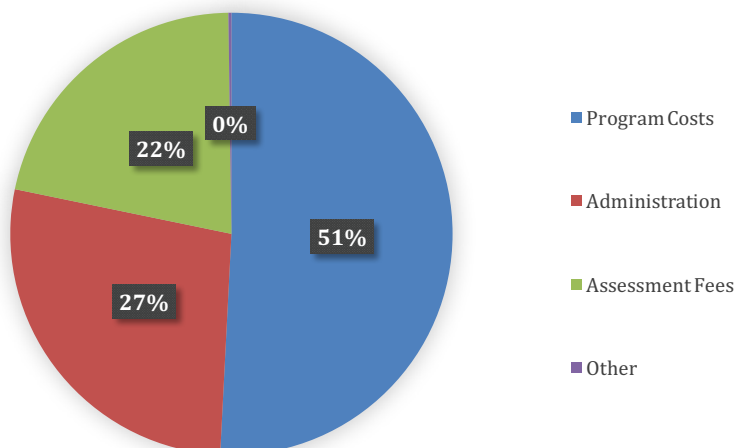


## 2015-2016 REVENUE AND EXPENSES OVERVIEW

### Revenue by Source



### Breakdown of Expenses

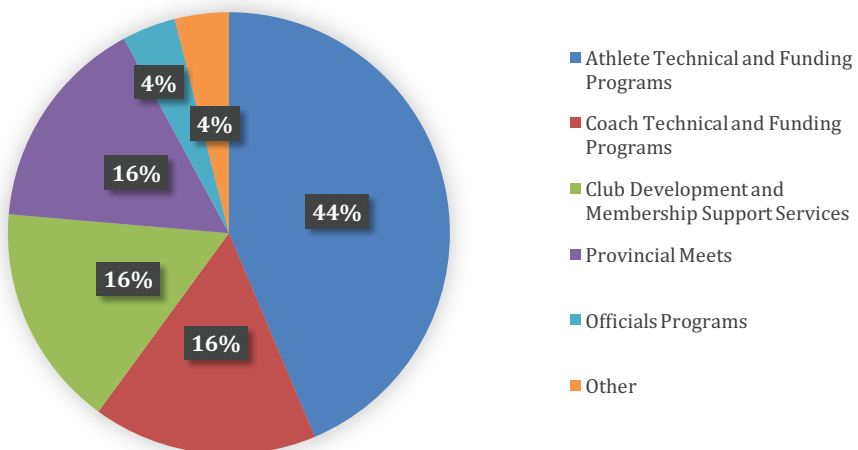




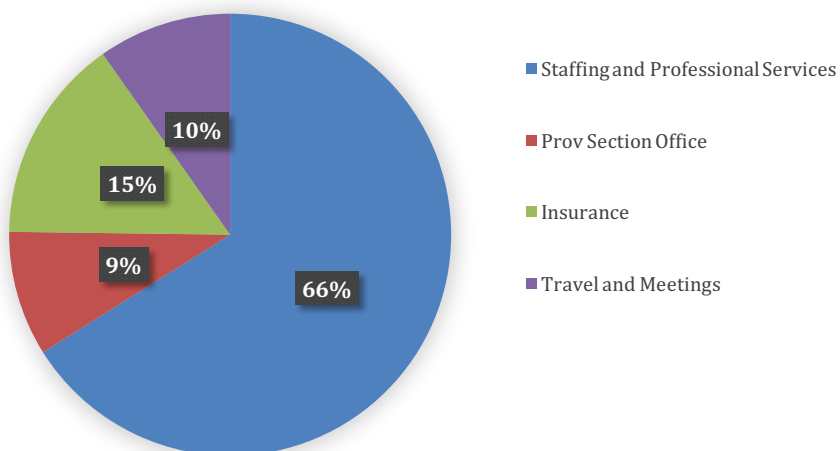


## 2015-2016 REVENUE AND EXPENSES OVERVIEW

### Breakdown of Program Expenses



### Breakdown of Administration Costs



# SWIM ALBERTA



## PROVINCIAL RECORDS

### CLUBS:

Cascade Swim Club Red Deer	39 records
Catalina Swim Club Edmonton	25 records
Keyano Swim Club Killarney	13 records
Swim Club University of	10 records
Calgary Swim Club Calgary	9 records
Patriots	7 records
LA Swim Club	7 records
Olympian Swim Club	7 records

### TOTAL RECORDS:

115 individual records (45 short course / 60 long course)  
 12 Relay records (9 short course / 3 long course)  
 2 National Relay Records (Rachel Nicol)  
 1 National Age Group Record Girls 14

### Short Course:

Girls 12	50 Backstroke	30.88	Maria Olarescu	KSC
Girls 13	50 Breaststroke	33.92	Pilar McCann	OSC
Girls 15	50 Freestyle	25.60	Rebecca Smith	RDCSC
Girls 15	100 Freestyle	55.21	Rebecca Smith	RDCSC
Girls 15	50 Freestyle	25.38	Rebecca Smith	RDCSC
Girls 15	100 Freestyle	54.59	Rebecca Smith	RDCSC
Girls 15	200 Freestyle	1:57.17	Rebecca Smith	RDCSC
Girls 15	200 Backstroke	2:08.53	Rebecca Smith	RDCSC
Girls 15	100 Butterfly	59.86	Rebecca Smith	RDCSC
Girls 15	100 Freestyle	54.79	Rebecca Smith	RDCSC
Girls 15	200 Freestyle	1:58.24	Rebecca Smith	RDCSC
Girls 15	200 Backstroke	2:09.05	Rebecca Smith	RDCSC
Boys 11	50 Freestyle	28.03	Scott Garneau	CP
Boys 11	50 Backstroke	31.95	Scott Garneau	CP
Boys 11	100 Backstroke	1:07.70	Scott Garneau	CP
Boys 11	50 Butterfly	30.94	Scott Garneau	CP
Boys 11	50 Backstroke	31.98	Scott Garneau	CP
Boys 11	50 Backstroke	32.08	Scott Garneau	CP
Boys 13	100 Butterfly	1:00.57	Cole Pratt	CASC
Boys 13	100 Backstroke	59.80	Cole Pratt	CASC
Boys 13	200 Backstroke	2:11.66	Cole Pratt	CASC
Boys 13	100 Butterfly	59.64	Cole Pratt	CASC
Boys 13	100 Butterfly	59.04	Cole Pratt	CASC
Boys 13	100 Backstroke	1:01.99	Josh Nordstrom	EKSC
Boys 13	100 Medley	1:02.00	Josh Nordstrom	EKSC
Boys 13	100 Backstroke	1:01.11	Josh Nordstrom	EKSC
Boys 13	50 Backstroke	28.69	Josh Nordstrom	EKSC
Boys 13	100 Backstroke	1:01.85	Chase Verjee	UCSC
Boys 13	50 Backstroke	28.65	Chase Verjee	UCSC
Boys 13	100 Backstroke	1:01.50	Chase Verjee	UCSC

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Boys 14	50 Backstroke	27.50	Marco Bagnasco	EKSC
Boys 14	50 Backstroke	26.82	Marco Bagnasco	EKSC
Boys 14	50 Backstroke	27.11	Marco Bagnasco	EKSC
Boys 14	50 Backstroke	27.25	Marco Bagnasco	EKSC
Boys 15	50 Breaststroke	29.05	Joshua Young	RDCSC
Boys 15	200 Breaststroke	2:14.77	Joshua Young	RDCSC
Boys 15	200 Medley	2:05.44	Joshua Young	RDCSC
Boys 15	50 Breaststroke	28.89	Joshua Young	RDCSC
Boys 15	50 Breaststroke	28.55	Joshua Young	RDCSC
Boys 15	200 Medley	2:05.37	Joshua Young	RDCSC
Boys 15	100 Medley	58.07	Joshua Young	RDCSC
Boys 15	200 Medley	2:05.41	Joshua Young	RDCSC
Boys 16	50 Backstroke	26.23	Daniel Gerlach	OSC
Boys 17	100 Freestyle	49.56	Stephen Calkins	UCSC
Boys 17	50 Butterfly	24.59	Stephen Calkins	UCSC
11-12 Girls	4x50 Freestyle Relay	1:54.67	Kimberly Song, Maria Olarescu, Kate MacLean, Corrina Siu	KSC
11-12 Girls	4x100 Freestyle Relay	4:13.00	Kimberly Song, Kate MacLean, Maria Olarescu, Corrina Siu	KSC
11-12 Girls	4x50 Medley Relay	2:05.16	Maria Olarescu, Kimberly Song, Kate MacLean, Corrina Siu	KSC
15-17 Girls	4x50 Medley Relay	1:55.46	Ingrid Wilm, Ana Kolaric, Taryn Pratt, Paige Bergen	CASC
11-12 Boys	4x50 Medley Relay	2:06.78	Scott Garneau, Theo Graboski, Alexander Lalonde, Liam Weaver	CP
13-14 Boys	4x50 Medley Relay	1:51.31	Marco Bagnasco, Nathan Versluys, Josh Nordstrom, Kier Przyswitt	EKSC
13-14 Boys	4x50 Medley Relay	1:49.82	Marco Bagnasco, Nathan Versluys, Josh Nordstrom, Kier Przyswitt	EKSC
Open Mixed	4x50 Freestyle Relay	1:37.30	Chad Bobrosky, David Hibberd, Ingrid Wilm, Brooklyn Snodgrass	CASC
Open Mixed	4x50 Medley Relay	1:46.36	Ingrid Wilm, David Hibberd, Taryn Pratt, Chad Bobrosky	CASC

# SWIM ALBERTA



## Long Course:

Girls 11	200 Butterfly	2:32.87	Kate Maclean	KSC
Girls 11	50 Butterfly	30.73	Kate Maclean	KSC
Girls 11	50 Butterfly	30.76	Kate Maclean	KSC
Girls 11	200 Butterfly	2:38.24	Kate Maclean	KSC
Girls 11	200 Butterfly	2:38.56	Kate Maclean	KSC
Girls 11	200 Butterfly	2:36.89	Kate Maclean	KSC
Girls 13	50 Breaststroke	33.43	Pilar McCann	OSC
Girls 13	100 Breaststroke	1:13.45	Pilar McCann	OSC
Girls 13	50 Breaststroke	32.88	Pilar McCann	OSC
Girls 13	50 Breaststroke	33.08	Pilar McCann	OSC
Girls 13	100 Breaststroke	1:12.88	Pilar McCann	OSC
Girls 15	400 Medley	4:56.80	Rebecca Smith	RDCSC
Girls 15	200 Freestyle	2:01.75	Rebecca Smith	RDCSC
Girls 15	100 Butterfly	1:01.00	Rebecca Smith	RDCSC
Girls 15	50 Breaststroke	33.19	Sarah Knott	EKSC
Girls 16	200 Freestyle	1:58.90	Rebecca Smith	CASC
Girls 16	200 Freestyle	2:00.55	Rebecca Smith	RDCSC
Girls 16	100 Butterfly	58.84	Rebecca Smith	CASC
Girls 16	100 Butterfly	59.20	Rebecca Smith	CASC
Girls 16	100 Butterfly	59.46	Rebecca Smith	RDCSC
Girls 16	100 Butterfly	59.74	Rebecca Smith	RDCSC
Girls 16	100 Freestyle	55.06	Rebecca Smith	CASC
Girls 16	100 Freestyle	55.54	Rebecca Smith	CASC
Girls 16	50 Butterfly	27.50	Rebecca Smith	RDCSC
Girls 16	50 Butterfly	27.34	Rebecca Smith	CASC
Girls 16	50 Freestyle	25.84	Rebecca Smith	CASC
Girls 16	50 Butterfly	27.21	Rebecca Smith	CASC
Girls 16	50 Butterfly	27.31	Rebecca Smith	CASC
Girls 16	400 Medley	4:55.47	Alison McCloy	UCSC
Girls 17	400 Freestyle	4:14.99	Sophia Saroukian	EKSC

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Women Open	100 Breaststroke	1:06.68	Rachel Nicol	LASC
Women Open	100 Breaststroke	1:06.73	Rachel Nicol	LASC
Women Open	100 Breaststroke	1:06.85	Rachel Nicol	LASC
Women Open	100 Breaststroke	1:06.88	Rachel Nicol	LASC
Women Open	100 Breaststroke	1:07.10	Rachel Nicol	LASC
Women Open	200 Breaststroke	2:27.04	Rachel Nicol	LASC
Women Open	100 Butterfly	58.84	Rebecca Smith	CASC
Women Open	100 Butterfly	59.20	Rebecca Smith	CASC
Women Open	100 Butterfly	59.46	Rebecca Smith	RDCSC
Women Open	100 Butterfly	59.74	Rebecca Smith	RDCSC
Boys 13	100 Backstroke	1:02.96	Cole Pratt	CASC
Boys 13	100 Backstroke	1:02.69	Cole Pratt	CASC
Boys 13	100 Butterfly	59.99	Cole Pratt	CASC
Boys 13	200 Butterfly	2:12.57	Cole Pratt	CASC
Boys 13	100 Freestyle	54.65	Cole Pratt	CASC
Boys 13	100 Freestyle	55.10	Cole Pratt	CASC
Boys 13	200 Freestyle	2:00.07	Cole Pratt	CASC
Boys 13	50 Backstroke	28.78	Cole Pratt	CASC
Boys 13	100 Backstroke	1:01.13	Cole Pratt	CASC
Boys 13	200 Backstroke	2:12.66	Cole Pratt	CASC
Boys 13	200 Backstroke	2:15.52	Cole Pratt	CASC
Boys 13	100 Butterfly	58.56	Cole Pratt	CASC
Boys 13	100 Butterfly	59.76	Cole Pratt	CASC
Boys 13	200 Butterfly	2:11.95	Cole Pratt	CASC
Boys 15	800 Freestyle	8:25.79	Alexander Pratt	CASC
Boys 15	1500 Freestyle	16:03.54	Alexander Pratt	CASC
Boys 15	1500 Freestyle	15:49.84	Alexander Pratt	CASC
Boys 15	50 Breaststroke	29.39	Joshua Young	RDCSC
Boys 15	800 Freestyle	8:25.34	Alexander Katelnikoff	CASC
Boys 17	100 Freestyle	50.58	Stephen Calkins	UCSC
Boys 17	50 Breaststroke	28.58	Kaelan Freund	LASC
Men Open	50 Breaststroke	27.64	Jason Block	UCSC
11-12 Girls	4x100 Medley Relay	4:46.42	Teagan Mackenzie, Isabella Duncan, Natalie Korczewski, Talia Nicholson	UCSC
15-17 Boys	4x200 Freestyle Relay	7:51.78	Justin Katelnikoff, Achilles Neilson, Matthew Ketchin, Alexander Pratt	CASC
Open Mixed	4x100 Medley Relay	3:57.81	Anders Klein, Nick Kostiuk, Lili Margatai, Paige Kremer	EKSC

# SWIM ALBERTA



## REGISTRATION AND MEMBERSHIP REPORT

	Competitive	Non- Competitive	Varsity	Masters	Coach
Alberta Marlin Aquatic Club	48	51			3
Alberta Marlin Aquatic Masters				21	
Alberta Non-Club Coach					27
Alberta Summer Swimming Assoc. Coaches					228
Alberta Summer Swimming Club		8			
Athabasca Rapids Swim Club	31	19			2
Bonnyville Requins Swim Club		18			2
Bow Valley Riptides Swim Club	44	110			5
Calgary Dolphins Swim Club	23	6			6
Calgary Masters Swim Club				186	
Calgary Patriots Swim Club	236				9
Calgary Rapids Masters Swim Club				6	
Calgary Winter Club	69				8
Calgary Winter Club Clippers				18	3
Canadian Badlands Aquatic Club	35	15			5
Cascade Swim Club	257				18
Cochrane Comets Swim Club	51	11			3
Cochrane Masters Swim Club				32	1
Cold Lake Marlins Swim Club	19	32			4
Different Strokes				41	1
Edmonton Keyano Masters-Triathlon Club				5	
Edmonton Keyano Swim Club	357				21
Edmonton Masters Swim Club				109	1
Edson Orcas Swim Club	65	2			7
Foothills Masters Swim Club				69	1
Foothills Stingrays Swim Club	90	21			4
Fort McMurray Mantas Swim Club	55	86			6
Gators Academy of Swimming				1	1
Gills Masters Swim Club				16	
Glencoe Gators Masters				6	
Glencoe Gators Swim Club	92				9
Grande Cache Otters Swim Club	40				9
Grande Prairie Piranhas Swim Club	65	36			3
Hay River Lions Swim Club	25				6
High River Tigers Swim Club	32	13			4
Killarney Swim Club	227				14
La Swim Club	98	12			7

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	Competitive	Non- Competitive	Varsity	Masters	Coach
Lac La Biche Masters Club				5	
Lac La Biche Whitecaps Swim Club	12	34			5
Lacombe Masters Swim Club				15	
Lethbridge Masters Swim Club				37	3
Lloydminster Riptides Swim Club	62				6
Macewan University Griffins				2	1
Mackenzie Muskrat Swim Club	24				2
Making Waves Masters Swim Club				32	
Medicine Hat Waves Swim Club	32	21			3
Nose Creek Swim Association	158				10
Nose Creek Swim Association Masters				11	
Okotoks Masters Swim Club				82	1
Olds Rapids Swim Club	31	26			3
Olympian Swim Club	164				24
Parkland Pirates Aquatic Club	44	49			4
Peace River Wahoos Swim Club	35	15			4
Penguin Masters Swimming				23	
Penguin Swimming	40	33			4
Ponoka Pool Sharks Swim Club	44				3
Red Deer Catalina Swim Club	103	32			10
Red Deer Silver Sharks Masters				65	2
Rocky Barracudas Swim Club	21	11			4
Rocky Mountain Masters Swim Club				54	1
Sherwood Park Swim Club	78	48			15
Silvertide Swim Club	63				4
Spartan Aquatic Masters Club				5	
Spartans Aquatic Club	20	66			6
Special Olympics Alberta		3			4
St Paul Barracudas Swim Club	16	93			10
St. Albert Masters				9	1
Stettler Swim Club		22			2
Strathmore Silver Sharks	53	66			6
Sylvan Lake Swim Club	28	7			3



# SWIM ALBERTA



	Competitive	Non- Competitive	Varsity	Masters	Coach
Three Hills Neons Swim Club	9	75			8
Triton Swimming	66	10			4
University Of Alberta Swim Club	15				
University Of Alberta Varsity Swim Team			24		1
University Of Calgary Swim Club	493				33
University Of Calgary Varsity			40		
University Of Lethbridge			38		1
Wild Rose Swim Club				37	
Yellowknife Polar Bear Swim Club	88	9			12
YMCA Calgary Masters				35	2
Young Aquatic Club	61	4			2
<b>TOTAL REGISTRATIONS</b>	<b>3719</b>	<b>1064</b>	<b>102</b>	<b>922</b>	<b>622</b>



## SANCTION REPORT

Sanction #	Club	Meet Name	Olympic Bonus
17703	GCO	43rd Annual Mountain Meet	\$591.00
17704	CASC	Rocky Mountain Cup	\$216.75
17705	CASC	Speed Meet	\$2,955.75
17706	CASC	Age Group Challenge	\$3,490.50
17708	CASC	CSI: 2016	\$2,115.00
17716	CP	Pugsley's Plunge 2016	\$1,728.75
17719	CP	2015-16 Team Champs #3	\$0.00
17752	OSC	OSC Home Opener	\$0.00
17754	OSC	10 & Under #1	\$402.75
17755	OSC	10 & Under #2	\$381.00
17756	OSC	10 & Under #3	\$464.25
17757	OSC	10 & Under #4	\$435.75
17758	OSC	JP Fiset International	\$4,002.00
17759	OSC	Spring Pentathlon	\$897.00
17760	OSC	Blue and White Club Championship	\$0.00
17784	LASC	Fall Challenge	\$2,163.75
17820	UCSC	UCSC Fall Start Up	\$2,577.75
17821	UCSC	Wacky T-Shirt	\$431.25
17822	UCSC	Distance & IM Challenge	\$1,352.25
17823	UCSC	Grand Prix	\$2,334.75
17824	UCSC	Colleges Cup - Mountain	\$0.00
17825	UCSC	Crazy Hat	\$496.50
17826	UCSC	Team Champs 1 Time Trial	\$0.00
17827	UCSC	Red Time Trial	\$0.00
17829	UCSC	Spring Start Up	\$772.50
17830	UCSC	Spring Fling	\$577.50
17831	UCSC	TREX	\$1,506.75
17832	UCSC	Team Champs 2 Time Trial	\$0.00
17833	UCSC	Western Finale	\$953.25
17837	UCSC	Holiday Classic	\$645.00
17840	SAB	2016 Speedo Alberta Open 1	\$1,689.75

Sanction #	Club	Meet Name	Olympic Bonus
17841	SAB	2016 Team Aquatic Supplies Age Group Trials - North	\$1,546.50
17842	SAB	2016 Team Aquatic Supplies Age Group Trials - South	\$2,511.00
17843	SAB	2016 Speedo Alberta Age Group Championships	\$2,775.00
17845	SAB	2016 Team Aquatic Supplies Age Group Trials - North	\$1,308.75
17846	SAB	2016 Team Aquatic Supplies Age Group Trials - South	\$2,282.25
17847	SAB	2016 Speedo Age Group and Senior Championships	\$4,891.50
17864	EKSC	Oktoberfest	\$596.25
17865	EKSC	Oktober Opener	\$611.25
17866	EKSC	November Time Trial	\$0.00
17868	EKSC	Candy Cane Classic	\$1,467.00
17869	EKSC	Blue Bears Invitational	\$2,276.25
17871	EKSC	Winterfest Invitational	\$886.50
17874	EKSC	Grizzly Cup	\$738.75
17875	EKSC	EKI	\$2,195.25
17876	EKSC	Bearfest	\$561.75
17877	EKSC	May Time Trial	\$0.00
17918	LASC	Spring Challenge	\$1,920.00
17928	LASC	Pronghorn Classic	\$575.25
17942	SPSC	Neil Lepps 2016 Short Course	\$1,146.75
17943	SPSC	Mayflower Long Course 2016	\$762.75
17947	RDCSC	Valentine Invitational	\$1,158.75
17948	RDCSC	Freeze or Fry	\$1,390.50
17964	PENGU	Sprint Series #1	\$486.00
17966	PENGU	Sprint Series #2	\$512.25
18006	RIP	Canmore Pentathlon	\$831.75



## SANCTION REPORT (Con't)

Sanction #	Club	Meet Name	Olympic Bonus
18046	PENGU	Sprint Series #3	\$366.75
18177	STSC	27th Annual Poppy Invitational	\$2,049.00
18178	STSC	18th Annual Silver Cup	\$2,119.50
18252	TRIT	Sprint Challenge	\$798.00
18273	CWC	Pajama Day Jr Circuit	\$416.25
18306	CWC	Wintercup Invitational	\$1,014.00
18327	GPP	Stonebridge Winter Invitational	\$1,016.25
18328	GPP	Northern Lights Invitational	\$636.75
18394	NCSA	Halloween Howler 2015	\$551.25
18395	NCSA	Fall Invitational 2015	\$1,825.50
18397	NCSA	John Timmermans Memorial Invitational 2016	\$1,504.50
18398	NCSA	Corral City Classic 2016	\$1,697.25
18441	PPS	Cookie Classic	\$605.25
18443	KSC	Halloween Howler 2015	\$501.75
18475	PRSC	20th Annual Invitational	\$729.00
18476	AMAC	Halloween Howler JSC	\$221.25
18488	YKPB	Time trial 1	\$0.00
18489	YKPB	Time trial 2	\$0.00
18490	YKPB	2016 NWT Championships	\$543.75
18491	YKPB	Konge Meet	\$435.00
18505	FMSC	Fall Classic	\$0.00
18506	FMSC	Blue & Gold Club Championships	\$0.00
18507	FMSC	Sprint Distance Challenge	\$0.00
18508	FMSC	Spring Fling Invitational	\$759.75
18536	FSSC	2015 Jack Frost	\$1,001.25
18550	KSC	Wacky T Shirt	\$438.00
18559	AMAC	Marlin Marquee	\$1,433.25
18562	EDSON	Spring Invitational	\$128.25
18586	UofC	Varsity Tri Meet 2015	\$0.00
18610	KSC	Long Course Invitational	\$1,914.75

Sanction #	Club	Meet Name	Olympic Bonus
18618	RIP	Team Photos with Santa Junior Circuit Meet	\$374.25
18678	STSC	2015 Fall Time Trial	\$0.00
18694	HRL	Elks Invitational	\$368.25
18698	NCSA	Team Photos with Santa	\$337.50
18699	KSC	Team Photos with Santa 2015	\$444.75
18725	CP	Team Champs 2 2015	\$0.00
18810	TRIT	Time Trial November 7	\$0.00
18811	CWC	2015 November time trial	\$0.00
18819	GPP	Winter Time Trials	\$0.00
18851	TIGER	Crazy Hat Junior Circuit Swim Meet	\$295.50
18865	LASC	November Time Trial	\$0.00
18885	RDCSC	200 IM Challenge	\$0.00
18917	SPAR	December Time Trial	\$0.00
18936	UofC	Varsity TT December 2015	\$0.00
18942	FSSC	2016 Black and Blue	\$1,550.25
18946	EKSC	Time Trial	\$0.00
18957	OSC	Christmas Time Trial	\$0.00
18962	STSC	Silver Bells Time Trial	\$0.00
18980	PENGU	Fast Eddie's Sprint Invitational	\$818.25
19007	YAC	Houseleague Series (Jan 10)	\$0.00
19035	NCSA	Wild Hair Meet	\$592.50
19065	RBSC	Four Leaf Clover Meet 2016	\$343.50
19077	OSC	January Time Trial	\$0.00
19079	CASC	Crazy Hat Junior Circuit Meet	\$172.50
19091	EKSC	Spring Fling Time Trial	\$0.00
19093	UOFA	U of A/UofC Dual Meet	\$0.00
19110	TRIT	Zone 5 6 7 Trials	\$551.25
19115	SAB	Zone 4 Trials	\$203.25



## SANCTION REPORT (Con't)

Sanction #	Club	Meet Name	Olympic Bonus
19122	AMAC	Landsperg Automotive Group Spring Invitational	\$555.75
19124	SPAR	January Time Trial	\$0.00
19141	EKSC	Trials Prep Invitational	\$126.00
19156	HRL	Deep Freeze Time Trial	\$0.00
19160	FMSC	Last Chance to qualify for B's time trial	\$0.00
19169	CP	41st Annual Chinook Invitational	\$2,260.50
19182	TIGER	Winter Time Trial	\$0.00
19200	AMAC	March 2016 Time Trial	\$0.00
19240	TRIT	Time Trial 1	\$0.00
19241	TRIT	Time Trial 2	\$0.00
19258	UofC	Varsity TT February 2016	\$0.00
19302	CASC	Wild Hair Junior Circuit March	\$586.50
19303	UCSC	Pajama Day Jr. Circuit	\$252.00
19304	UCSC	Dino Cup 2016	\$1,906.50
19341	CASC	In Like a Lion out Like a Lamb Time Trial & CASC/CP Duel	\$0.00
19347	RDCSC	House Meet Spring 2016	\$0.00
19348	MMS	2016 Time Trial	\$0.00
19355	KSC	Spring Fling 2016	\$762.00
19399	YAC	Houseleague April 2016	\$0.00
19432	KSC	March Time Trial	\$0.00
19454	GPP	Zone 8 Trials	\$156.00
19499	CP	Zone 1-3 Trials	\$412.50
19524	CASC	CSI: Mini Pro	\$477.00
19603	AMAC	June Time Trial	\$0.00
19635	SRAB	2016 Canadian Age Group Championships	\$0.00

Sanction #	Club	Meet Name	Olympic Bonus
19682	SPSC	June 2106 time Trial	\$0.00
19688	NCSA	June Time Trial	\$0.00
19695	TRIT	Alberta Summer Games 2016	\$1,034.25
19746	SPAR	June Time Trial	\$12.75
19823	UCSC	July 2016 Time Trial	\$0.00
		MASTERS SANCTIONS	
19462	RDM	Red Deer Silver Sharks Masters Invitational Meet	\$0.00
18320	MW	2016 Alberta Masters Provincial Championships	\$0.00
19045	CMSC	CMSC Invitational 2016	\$0.00
19155	PENGM	Penguin Masters Time Trial	\$0.00
18823	MW	Making Waves 15th Annual Sprint Meet	\$0.00
18798	FTH	Foothills Masters Swim Club 22nd Annual Swim Meet	\$0.00
18838	EMSC	The Edmonton Masters Season Opener	\$0.00



## Benchmark - Statistical Review

### A Ten Year Review 2006 - 2016

	06/07	07/08	08/09	09/10	10/11	11/12	12/13	13/14	14/15	15/16
<b>Provincial Records</b>										
<b>Individual</b>	42	33	204	53	86	37	33	172	132	105
<b>Relay</b>	14	14	47	19	13	2	5	10	21	12
<b>National Records</b>										
<b>Individual Senior</b>	4	2	18	0	1	0	0	1	1	0
<b>Individual Age Group</b>	3	2	9	0	3	2	3	0	3	0
<b>Relay Senior</b>	1	0	6	1	0	0	0	0	0	0
<b>Relay Age Group</b>	0	1	6	3	4	0	0	0	3	0
<b>International Records</b>										
<b>Individual</b>	0	0	3	0	0	0	0	0	0	0
<b>Relay</b>	0	0	0	0	0	0	0	0	0	0
<b>Participation at National Meets</b>										
<b>Summer Nats - Clubs</b>	11	11	11	11	11	9	11	7	9	11
<b>Summer Nats - Athletes</b>	80	66	79	112	101	78	62	64	61	67
<b>Spring - Clubs</b>	12	15	11	10	12	16	11	11	11	11
<b>Spring - Athletes</b>	64	116	84	44	87	140	74	74	70	88

# SWIM ALBERTA



## Alberta Demographics

Membership	Canada	Alberta	%	Clubs
2006/07	19606	2811	14.4	55
2007/08	19578	2719	13.9	58
2008/09	24841	3030	12.2	52
2009/10	26032	3117	11.9	51
2010/11	26306	3133	11.9	53
2011/12	28850	3292	11	50
2012/13	3100	3628	12	51
2013/14	30893	3708	12	51
2014/15	31251	3710	11.8	49
2015/16	32061	3719	11.5	49

## Nationally Carded Athletes

	Women		Men		Total		
	Canada	Alberta	Canada	Alberta	Canada	Alberta	%
2006	48	6	41	10	89	16	18
2007	34	7	33	7	67	14	20.9
2008	37	6	33	8	70	14	20
2009	42	4	27	6	69	10	14.5
2010	40	7	34	7	74	14	18.9
2011	40	8	27	5	67	13	19.4
2012	39	6	27	5	66	11	17
2013	36	7	22	5	58	12	20.7
2014	40	6	30	6	70	12	17
2015	13	4	33	6	46	10	22
2016	44	5	27	3	71	8	11



Top 25/8 World Rankings (Individual)			
		Top 25	Top 8
2006	Athletes	3	1
	Swims	4	1
2007	Athletes	4	1
	Swims	5	1
2008	Athletes	2	0
	Swims	5	0
2009	Athletes	11	9
	Swims	15	16
2010	Athletes	5	2
	Swims	5	0
2011	Athletes	8	0
	Swims	0	0
2014	Athletes	3	0
	Swims	5	0
2015	Athletes	4	0
	Swims	6	0
2016	Athletes	1	0
	Swims	1	0



# SWIM ALBERTA



National Championships						
	Top Ten Placing Teams			CIS		
		Winter/Spring	Summer		Women	Men
2006	EKSC	1		U of A	15	12
	U of C	3		U of C	16	16
	OSC	5		U of L	2	2
	CASC	7				
2007	UCSC	2	2	U of A	11	8
	EKSC		7	U of C	14	20
	CASC		9	U of L	2	2
	CP		10			
2008	UCSC	3	6	U of A	6	6
	U of C		10	U of C	16	N/A
				U of L	2	1
2009	U of C	2	5*	U of A	6	7
				U of C	18	17
				U of L	1	2
2010	UCSC	3	4	U of A	7	7
	EKSC		9	U of C	16	17
	CASC		10	U of L	1	1
2011	UCSC	3		U of A	6	7
	CASC	8		U of C	16	17
				U of L	1	1
2012	EKSC		3	U of A	6	4
	CASC		5	U of C	17	14
	UCSC		7	U of L	2	3
2013	CASC	4	3	U of A	9	6
	EKSC	10	2	U of C		12
	OSC		8	U of L	2	3
	UCSC	9				
2014	EKSC		1	U of A	9	9
	UCSC		7	U of C	21	12
	CASC		10	U of L	3	3
2015	EKSC		2	U of A	8	4
	CASC		7	U of C	20	17
	UofC		9	U of L	4	3
2016	EKSC		5	U of A	10	4
	CASC		6	U of C	19	15
				U of L	3	3

# SWIM ALBERTA



## Major Games Team Members

		Women		Men		Total		%
		Canada	Alberta	Canada	Alberta	Canada	Alberta	
<b>2006</b>	Comm. Games	15	3	17	1	32	4	12.5
	Worlds	8	0	10	1	18	1	5.6
	Pan Pacs	30	4	33	7	63	11	17.5
<b>2007</b>	Pan Am Games	14	2	14	5	28	7	25
	FISU Games	14	2	14	3	28	5	14.3
	Worlds	10	1	11	3	21	4	19
<b>2008</b>	Olympics	12	2	15	4	27	6	20.2
	Paralympics	15	1	6	0	21	1	5
<b>2009</b>	FISU Games	20	9	22	7	42	16	38.1
	Worlds	17	2	15	3	32	5	15.6
<b>2010</b>	Pan Pacs	29	5	28	4	57	9	15.7
	Comm. Games	15	1	12	0	27	1	3.7
<b>2011</b>	FISU Games	21	6	21	7	42	13	31
	Worlds	19	3	14	2	33	5	15.2
<b>2012</b>	Olympics	19	9	14	0	33	3	9
	Paralympics	15	3	9	1	24	4	17
<b>2013</b>	FISU Games	19	3	19	4	38	7	18.4
	Worlds	19	1	20	3	39	4	10.2
<b>2014</b>	Comm. Games	23	3	9	3	32	6	19
	Pan Pacs	24	2	20	2	44	6	14
<b>2015</b>	Worlds	18	1	10	3	28	4	14
	Pan Am Games	20	2	20	4	40	6	15
	Para PanAms	16	3	25	2	41	5	12
	IPC Worlds	11	2	14	1	25	3	12
<b>2016</b>	Olympics	19	1	8	1	27	2	7
	Paralympics	13	2	14	1	26	3	12



## SWIM ALBERTA

### **Board of Directors:**

- Dean Schultz, President
- Doug Bird, Past President
- Cam McGinnis, Vice-President
- Lloyd Scheopp, Treasurer
- Jackie Snodgrass, Director
- Kelly Jubenvill, Director
- Kevin Wigginton, Director
- Jennifer Maina, Director
- Baerach Anderson, Director
- Paige Park, Alberta Summer Swimming Association Representative

### **Staff:**

- Cheryl Humphrey, Executive Director
- Mark Perry, Provincial Mentor Coach
- Kevin Dennis, Technical Coordinator
- Val Carr, Membership Coordinator
- Ana Robitu, Accountant

# SWIM ALBERTA



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