

April 16, 2021

**RE: Youth Sport Restrictions within the Municipality of Calgary**

Hello Club Presidents and Head Coaches operating within the municipality of Calgary;

Just a quick update as a follow-up to the announcement made yesterday afternoon during Dr. Hinshaw's press conference and the subsequent updates on the [Government of Alberta – Alberta Health website](#) as it pertains to permitted youth sport activities.

Swim Alberta's understanding of the Calgary restrictions that take effect April 19<sup>th</sup>, 2021 is the following:

- Individuals in grades 7 – 12 are not permitted to do group training indoors during the period in which Calgary schools of the same grades have moved to online learning.
- Individuals in Grade 6 and below and individuals who are no longer in grade 12 (18 and under only) are permitted to do group training.
- Varsity swimmers are permitted to participate with their varsity program.
- One on one activities can continue

In addition to the Calgary restrictions, all current [Swim Alberta Step 1 Requirements](#) apply. Where the restrictions by Alberta Health contradict the Swim Alberta requirements, the Alberta Health restrictions will apply.

The exact wording from the Alberta Health website is below for the section pertaining the municipality of Calgary.

I appreciate that this is yet another change clubs and facilities need to adapt to in this very fluid period we find ourselves in within this third wave. As always, if you have any questions, please reach out to Kevin or I.

Kind regards,

Cheryl Humphrey  
Executive Director, Swim Alberta

cc. Pool Facilities within the municipality of Calgary

[Enhanced Public Health Measures - Revised April 15](#)

***Additional measures for Calgary youth in grades 7 to 12***

- *Extra-curricular indoor sport and recreation activities are not permitted for grade 7 to 12 youth in the Municipality of Calgary, effective April 19. This includes homeschooled students.*
- *These activities will be permitted again when in-person learning resumes.*
- *Outdoor sport and recreation activities and 1-on-1 indoor fitness with a trainer or coach are still permitted.*
- *Indoor activities may be moved outdoors, provided all safety requirements for outdoor physical activities are followed.*