

November 13, 2020

Swim Alberta Targeted Requirements for Swim Clubs as per CMOH Order 37-2020

In communication with a number of partners and stakeholders, including facilities, municipalities, Government of Alberta and Alberta Health, Swim Alberta is providing the following update and targeted requirements as a follow-up to the November 12th, 2020 communication to clubs and announcements by the Government of Alberta. These targeted requirements supersede any requirements as outlined in the Swim Alberta Return to Swimming and Competitions Requirements Document (Version 8). Swim Alberta remains committed to aligning with all health requirements, both voluntary and mandatory as issued by Alberta Health and the Government of Alberta.

These targeted requirements are in place for the period of November 13, 2020 – November 27, 2020. They may be extended or further requirements put in place to ensure any voluntary or mandatory requirements of Alberta Health are met, unless we are advised otherwise.

These targeted requirements must be followed by the following affiliated club programs:

YEAR-ROUND CLUBS:

Airdrie Phoenix Swim Club	Grande Prairie Piranhas	Red Deer Catalina
Calgary Dolphins Swim Club	Killarney Swim Club	Red Deer Catalina
Calgary Patriots Swim Club	LA Swim Club	Special Olympics Alberta
Calgary Winter Club	Nose Creek Swim Association	Steadward Bears
Cascade Swim Club	Okotoks Mavericks	Strathcona Country Silver Rays
Edmonton Keyano Swim Club	Olympian Swim Club	Triton Swimming
Fort McMurray Mantas	Parkland Pirates Swim Club	University of Calgary Swim Club
Glencoe Gators Swim Club	Penguin Swimming	

MASTERS CLUBS:

Calgary Masters Swim Club	Lethbridge Amateur Masters	Rocky Mountain Masters
Cochrane Masters	Nose Creek Masters	University of Alberta Masters
Different Strokes	Okotoks Masters	University of Alberta Masters
Edmonton Masters Swim Club	Penguin Masters	YMCA Calgary
Foothills Masters	Red Deer Silver Sharks	

Targeted requirements in effect:

- Sport Cohorts and any previous requirements or guidance on sport cohorts are suspended. The transportation of swimmers should be limited to family members.
- All sanctioned competitions and non-sanctioned competitions are suspended.
- As per section 4 (b) of CMOH Order 37-2020 individual sport activity, including individual training can occur where participants can maintain a minimum of 2 metres distances from each other at all times. This includes in the pool, on the pool deck, all areas of the facility, including change rooms. Training that involves one (1) person/individual per lane will be permitted only; and only where the facility permits such activity.
- As per section 6 (c) of CMOH Order 37-2020, individual indoor high-intensity fitness activity (such as swimming) can occur with or without an instructor or trainer. Swim Alberta does require a coach to be on deck, following physically distancing and wearing of a mask if required by the municipality for any training/activity that occurs that falls under the governance of Swim Alberta.
- Clubs MUST ensure that gatherings of 2 or more individuals do not occur before, during or after an individual training session.
- Any university or varsity program that is following the [Junior, Collegiate and University Guidance](#) as permitted by the targeted restrictions implemented by the Government of Alberta on November 12, 2020 falls under the jurisdiction of the University or College Program and not Swim Alberta.
- Facilities may choose or may not choose to permit these activities and may have additional requirements that clubs must follow. Swim Alberta encourages all clubs to work closely with their local facility and adhere to all guidelines, rules and regulations they have in place.

Links to documents:

1. [Targeted Public Health Measures](#)
2. [CMOH Order 37-2020](#)

Swim Alberta appreciates that these new restrictions may impact your club operations and we will work with you to navigate through and understand the new target requirements that have been put in place. If you have any questions, please reach out directly to either myself or Kevin Dennis via email or phone.

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Stay well and be safe.

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