

April 8, 2021

RE: Number of Groups per Playing Surface – Clarification and Update

Hello Club Presidents and Head Coaches;

Late today, we received word that Alberta Health has made a pivot on a prior decision and is now permitting multiple groups per playing field for indoor, with all other restrictions being in place (distancing, group size etc.).

Please see the section: Youth and collegiate sport and recreation activities on the Alberta Health [Enhanced Public Health Measures](#) webpage for the updates and is below. The Health Order [CMOH-08-2021](#) has not been revised to what was posted previously.

I would ask all clubs to please be patient with facility operators who have had to pivot multiple times in the last 3 days. The booking process is not an easy process and they are all doing their very best to accommodate our swim clubs. It may take them a couple of days to move back to similar bookings as to what existed prior to Tuesday's announcement.

If there are further updates or changes, you have my commitment to get the information out to you as soon as we can. The Swim Alberta Return to Swimming Requirements Document will be updated shortly and circulated once all information has been confirmed.

Kind regards,

Cheryl Humphrey
Executive Director, Swim Alberta

Mandatory Restrictions – Provincewide - Revised

Eligible participants include:

- youth 18 years old and under
- members of a collegiate or university athletic program
- coaches or trainers

Limited group physical activities allowed

- Lessons, practices and physical conditioning activities are allowed for indoor and outdoor minor sports/activities and school athletics (for example, school sport activities that are outside of a physical education class or related part of the school curriculum).
- Games are not allowed.

Safety requirements

- Maximum of 10 total individuals, including all coaches, trainers, and participants.
 - Indoor and outdoor playing surfaces (for example, arena, field, court or swimming pool) may be occupied by more than one youth group, as long as 3-metres of physical distancing can be maintained between groups of 10 and the groups do not intermingle.
- Physical distancing must be maintained between participants at all times:
 - 3 metres physical distance for indoor activities
 - 2 metres physical distance for outdoor activities
 - coaches or trainers may enter physical distancing space for brief interactions with participants (for example, to correct form or technique)
- Participants must be masked at all times, except during high intensity physical activity. Coaches and trainers must remain masked at all times.
- Access to change rooms must be limited, including accelerated arrival and departure, emergencies (for example, first aid) and washroom use.