



Excellence, Integrity, Innovation, Collaboration

## PAN-PROVINCIAL OPEN WATER CAMP & COMPETITION 2023

Purpose: An open water training and racing development opportunity. Swimmers and coaches will participate in a 'national team' environment supported by Swimming Canada with education sessions, sport science, equipment, logistics and staff.

Dates: May 26-June 4, 2023

Location: Mallorca, Spain

Participation Fee: \$3,500 (Approximate cost, final cost to be established by Swimming Canada)

Eligibility:

- Swimmers born: 2004 & 2005 – 2006 & 2007 – 2008 & 2009, 15 - 20, age as 31<sup>st</sup> December 2024.
- Selected swimmers must be capable of completing a minimum of 80 kilometers across 10 days of racing and training.
- Selected swimmers born 2006-2009 must also be capable of completing a 7.5k and swimmers born 2004-2005 must be capable of completing 10k.
- Selected swimmers must have achieved a minimum time standard of the 2023 Speedo Canadian Swimming Championships qualifying time for their age group

Athlete Selection:

- 2004-05 – top 1 swimmer per gender, 2 alternates eligible
- 2006-09\* – top 2 swimmers per gender, 3 alternates eligible

Selection Dates:

Any LCM competition between March 1, 2023 and April 2, 2023

Staff Selection:

Coaches with minimum Swimming 201 certification of the top ranked male and female may be invited to attend. Should a coach decline, the next ranked coach of that gender may be invited. If the coaching positions are not filled, coaches may be selected by Swim Alberta.