



**ALBERTA
GAMES**



Swimming Schedule

Okotoks Recreation Centre

Friday July 21	
8:00am	Athlete Arrival
8:30am-10:30am	Practice All Zones
12:30pm	Warm-up
1:30pm - 4:45pm	Timed Finals 100m Free, 200m IM, 100m Fly, 50m Back, 800m Free (Males), 4x50m Free Relay
3:30pm - 5:00pm	MEDAL PRESENTATIONS
Saturday July 22	
7:30am	Athlete Arrival
8:00am	Warm-up
9:00am - 11:30am	Timed Finals 200m Fly, 100m Back, 50m Breast, 400m Free,
10:30am - 11:45am	MEDAL PRESENTATIONS
11:45am - 1:30pm	Break
1:30pm	Warm-up
2:30pm - 5:00pm	Timed Finals 200m Free, 100m Breast, 400m IM, 50m Fly
3:45pm - 5:15 pm	MEDAL PRESENTATIONS
Sunday July 23	
7:00am	Athlete Arrival
7:30am - 8:30am	Warm-up
8:30am - 12:00pm	Timed Finals 200m Back, 50m Free, 200m Breast, 100m IM, 800m Free (Females), 4x50m Medley Relay
10:35am - 12:15pm	MEDAL PRESENTATIONS

Last Updated: July 6, 2023

Schedule Subject to Change