

## RECORDS Alberta Masters

### SC Meters-Women

18-24	50 Free	27.42	<b>31-Dec-06</b>	CMSC- AB	Arthur, J
	100 Free	1:00.50	<b>8-Apr-17</b>	EMSC	Emily Flowers at 2017 Alberta Masters Provincial Championships
	200 Free	2:15.44	<b>31-Dec-06</b>	EMSC- AB	Breitkreutz
	400 Free	4:45.24	<b>25-Nov-17</b>	EMSC	Emily Halajian at 'Twas The Month Before Christm
	800 Free	10:16.14	<b>25-Nov-18</b>	UAM- AB	Cheyenne Lindsay at 'Twas The Month Before Christmas II
	1500 Free	20:01.55	<b>31-Dec-13</b>	UNAT- AB	Greenfield, K
	50 Back	30.14	<b>24-Mar-18</b>	EMSC- AB	Emily Flowers at 2018 Alberta Masters Provincia
	100 Back	1:06.47	<b>8-Apr-17</b>	EMSC	Emily Flowers at 2017 Alberta Masters Provincial Championships
	200 Back	2:26.54	<b>24-Mar-18</b>	EMSC- AB	Emily Flowers at 2018 Alberta Masters Provincia
	50 Breast	34.42	<b>25-Nov-17</b>	EMSC	Katherine Mann at 'Twas The Month Before Christm
	100 Breast	1:19.39	<b>2-Apr-22</b>	WILD- AB	Emma Berkhold at 2022 Alberta Masters Provincial Championships
	200 Breast	2:45.29	<b>25-Nov-17</b>	EMSC	Katherine Mann at 'Twas The Month Before Christm
	50 Fly	29.06	<b>31-Dec-09</b>	CMSC- AB	Arthur J
	100 Fly	1:06.44	<b>8-Apr-17</b>	EMSC	Emily Halajian at 2017 Alberta Masters Provincial Championships
	200 Fly	2:44.29	<b>31-Dec-13</b>	RDSS- AB	Alcorn, C
	100 IM	1:09.07	<b>24-Mar-18</b>	EMSC- AB	Emily Flowers at 2018 Alberta Masters Provincia
	200 IM	2:31.17	<b>8-Apr-17</b>	EMSC	Emily Halajian at 2017 Alberta Masters Provincial Championships
	400 IM	5:16.22	<b>31-Dec-86</b>	EMSC- AB	Kennedy, S
25-29	50 Free	26.99	<b>31-Dec-11</b>	CMSC- AB	Marcotte, K
	100 Free	58.58	<b>31-Dec-11</b>	CMSC- AB	Marcotte, K
	200 Free	2:12.50	<b>14-Oct-17</b>	CMSC	Terri-Lynn Benison at First Splash Invitational
	400 Free	4:40.48	<b>14-Oct-17</b>	CMSC	Terri-Lynn Benison at First Splash Invitational
	800 Free	9:44.68	<b>31-Dec-13</b>	EMSC- AB	Cholyk, S
	1500 Free	18:42.65	<b>31-Dec-13</b>	EMSC- AB	Cholyk, S
	50 Back	31.20	<b>31-Dec-11</b>	CMSC- AB	Marcotte, K
	100 Back	1:06.07	<b>31-Dec-11</b>	CMSC- AB	Marcotte, K
	200 Back	2:23.79	<b>31-Dec-11</b>	CMSC- AB	Marcotte, K
	50 Breast	35.72	<b>31-Dec-00</b>	RMSC- AB	Higgins, T
	100 Breast	1:17.74	<b>31-Dec-00</b>	RMSC- AB	Higgins, T
	200 Breast	2:51.54	<b>31-Dec-00</b>	RMSC- AB	Higgins, T
	50 Fly	29.69	<b>31-Dec-11</b>	CMSC- AB	Marcotte, K
	100 Fly	1:04.28	<b>8-Apr-17</b>	CMSC	Terri-Lynn Benison at 2017 Alberta Masters Provincial Championsf
	200 Fly	2:18.79	<b>28-Feb-16</b>	CMSC- AB	Benison, Terri-Lynn
	100 IM	1:07.78	<b>31-Dec-10</b>	EMSC- AB	O' Toole, K
	200 IM	2:26.11	<b>31-Dec-11</b>	CMSC- AB	Marcotte, K
	400 IM	5:21.02	<b>31-Dec-85</b>	EMSC- AB	Gibson, C
30-34	50 Free	27.62	<b>24-Jan-15</b>	CMSC- AB	Mercer, J
	100 Free	1:00.78	<b>24-Jan-15</b>	CMSC- AB	Mercer, J
	200 Free	2:10.68	<b>6-Apr-19</b>	CMSC- AB	Terri-Lynn Benison at 2019 Alberta Masters Provincial Championsf
	400 Free	4:32.16	<b>19-May-18</b>	CMSC- AB	Terri-Lynn Benison at Canadian Masters Swimming Championships
	800 Free	9:56.15	<b>31-Dec-03</b>	EMSC- AB	Younger, D
	1500 Free	18:47.76	<b>31-Dec-03</b>	EMSC- AB	Younger, D
	50 Back	31.33	<b>19-May-18</b>	CMSC- AB	Terri-Lynn Benison at Canadian Masters Swimming Championships
	100 Back	1:08.00	<b>19-May-18</b>	CMSC- AB	Terri-Lynn Benison at Canadian Masters Swimming Championships
	200 Back	2:25.88	<b>6-Apr-19</b>	CMSC- AB	Terri-Lynn Benison at 2019 Alberta Masters Provincial Championsf
	50 Breast	34.57	<b>31-Dec-03</b>	RMSC- AB	Higgins, T
	100 Breast	1:15.93	<b>31-Dec-03</b>	RMSC- AB	Higgins, T
	200 Breast	2:48.29	<b>31-Dec-03</b>	RMSC- AB	Higgins, T

---

**RECORDS Alberta Masters**

30-34	50 Fly	29.26	<b>31-Dec-03</b>	EMSC- AB	Younger, D	
	100 Fly	1:04.36	<b>19-May-18</b>	CMSC- AB	Terri-Lynn Benison at Canadian Masters Swimming Championships	
	200 Fly	2:20.53	<b>19-May-18</b>	CMSC- AB	Terri-Lynn Benison at Canadian Masters Swimming Championships	
	100 IM	1:08.17	<b>31-Dec-03</b>	EMSC- AB	Younger, D	
	200 IM	2:25.74	<b>31-Dec-03</b>	EMSC- AB	Younger, D	
	400 IM	5:13.92	<b>31-Dec-04</b>	EMSC- AB	Younger, D	
35-39	50 Free	27.37	<b>31-Dec-12</b>	EMSC- AB	MacWhirter, M	
	100 Free	59.53	<b>31-Dec-13</b>	EMSC- AB	MacWhirter, M	
	200 Free	2:09.75	<b>31-Dec-13</b>	EMSC- AB	MacWhirter, M	
	400 Free	4:39.90	<b>19-May-14</b>	EMSC- AB	MacWhirter, M	
	800 Free	9:31.79	<b>31-Dec-05</b>	EMSC- AB	Younger, D	
	1500 Free	18:45.07	<b>31-Dec-05</b>	EMSC- AB	Younger, D	
	50 Back	30.95	<b>19-May-14</b>	EMSC- AB	MacWhirter, M	
	100 Back	1:06.64	<b>31-Dec-13</b>	EMSC- AB	MacWhirter, M	
	200 Back	2:24.00	<b>19-May-14</b>	EMSC- AB	MacWhirter, M	
	50 Breast	36.48	<b>31-Dec-08</b>	EMSC- AB	Younger, D	
	100 Breast	1:18.97	<b>31-Dec-12</b>	GP- AB	Porter, A	
	200 Breast	2:51.81	<b>31-Dec-08</b>	EMSC- AB	Younger, D	
	50 Fly	29.09	<b>31-Dec-05</b>	EMSC- AB	Younger, D	
	100 Fly	1:03.07	<b>31-Dec-05</b>	EMSC- AB	Younger, D	
	200 Fly	2:21.76	<b>31-Dec-05</b>	EMSC- AB	Younger, D	
	100 IM	1:07.51	<b>31-Dec-05</b>	EMSC- AB	Younger, D	
	200 IM	2:23.47	<b>31-Dec-05</b>	EMSC- AB	Younger, D	
	400 IM	5:16.07	<b>31-Dec-05</b>	EMSC- AB	Younger, D	
	40-44	50 Free	28.62	<b>28-Feb-16</b>	CMSC- AB	Brown, Lisa
		100 Free	1:03.00	<b>31-Dec-98</b>	EGST- AB	Quirk, J
200 Free		2:17.06	<b>31-Dec-12</b>	RMM- AB	Andersen, M	
400 Free		4:50.57	<b>31-Dec-06</b>	EMSC- AB	McGinnis, G	
800 Free		10:07.11	<b>31-Dec-06</b>	EMSC- AB	McGinnis, G	
1500 Free		19:29.16	<b>23-May-16</b>	CALY- AB	Tyson, C	
50 Back		32.82	<b>31-Dec-07</b>	EMSC- AB	Romanovich, M	
100 Back		1:11.56	<b>31-Dec-05</b>	CWC- AB	Wells, L	
200 Back		2:33.62	<b>31-Dec-05</b>	CWC- AB	Wells, L	
50 Breast		37.02	<b>21-May-18</b>	CMSC- AB	Tardiff, Natalie	
100 Breast		1:19.63	<b>19-May-18</b>	WILD- AB	Anji Porter at Canadian Masters Swimming Championships	
200 Breast		2:55.17	<b>19-May-18</b>	WILD- AB	Anji Porter at Canadian Masters Swimming Championships	
50 Fly		31.02	<b>31-Dec-10</b>	EMSC- AB	Younger, D	
100 Fly		1:08.44	<b>31-Dec-11</b>	EMSC- AB	Younger, D	
200 Fly		2:30.74	<b>31-Dec-11</b>	EMSC- AB	Younger, D	
100 IM		1:11.11	<b>31-Dec-05</b>	CWC- AB	Wells, L	
200 IM		2:34.50	<b>31-Dec-05</b>	CWC- AB	Wells, L	
400 IM		5:35.94	<b>31-Dec-14</b>	EMSC- AB	Younger, D	
45-49		50 Free	28.35	<b>31-Dec-13</b>	EMSC- AB	McGinnis, Gail
		100 Free	1:02.23	<b>31-Dec-12</b>	EMSC- AB	McGinnis, Gail
	200 Free	2:17.47	<b>25-Mar-17</b>	EMSC	Debbie Younger at Making Waves 16th Annual Sprint Meet	
	400 Free	4:48.26	<b>31-Dec-13</b>	EMSC- AB	McGinnis, Gail	
	800 Free	10:04.55	<b>31-Dec-07</b>	CMSC- AB	Carlsen, J	
	1500 Free	19:06.25	<b>31-Dec-07</b>	CMSC- AB	Carlsen, J	
	50 Back	32.95	<b>8-Apr-17</b>	CALY- AB	Robin Latajka at 2017 Alberta Masters Provincial Championships	

---

**RECORDS Alberta Masters**

45-49	100 Back	1:10.33	<b>31-Dec-05</b>	CWC- AB	Wells, L
	200 Back	2:35.44	<b>23-Apr-17</b>	EMSC- AB	Debbie Younger
	50 Breast	37.48	<b>27-Apr-13</b>	EMSC- AB	McGinnis, Gail
	100 Breast	1:21.22	<b>31-Dec-12</b>	EMSC- AB	McGinnis, Gail
	200 Breast	2:56.54	<b>31-Dec-08</b>	CWC- AB	Wells, L
	50 Fly	30.22	<b>23-Apr-17</b>	EMSC	Debbie Younger
	100 Fly	1:07.20	<b>22-Apr-17</b>	EMSC	Debbie Younger
	200 Fly	2:29.32	<b>23-Apr-17</b>	EMSC- AB	Debbie Younger
	100 IM	1:10.32	<b>23-Apr-17</b>	EMSC- AB	Debbie Younger
	200 IM	2:34.15	<b>31-Dec-06</b>	CWC- AB	Wells, L
	400 IM	5:33.88	<b>31-Dec-08</b>	CWC- AB	Wells, L
50-54	50 Free	28.88	<b>25-Apr-15</b>	EMSC	Gail McGinnis at 2015 Alberta Masters Provincia
	100 Free	1:03.99	<b>25-Apr-15</b>	EMSC	Gail McGinnis at 2015 Alberta Masters Provincia
	200 Free	2:18.96	<b>12-May-17</b>	EMSC- AB	Gail McGinnis at Canadian Masters Championships
	400 Free	4:48.68	<b>31-Dec-09</b>	CMSC- AB	Carlsen, J
	800 Free	9:49.92	<b>31-Dec-09</b>	CMSC- AB	Carlsen, J
	1500 Free	18:38.58	<b>31-Dec-09</b>	CMSC- AB	Carlsen, J
	50 Back	34.08	<b>31-Dec-12</b>	CWC- AB	Dawson, K
	100 Back	1:12.04	<b>31-Dec-11</b>	CWC- AB	Wells, L
	200 Back	2:40.03	<b>31-Dec-13</b>	CWC- AB	Wells, L
	50 Breast	38.01	<b>25-Apr-15</b>	EMSC	Gail McGinnis at 2015 Alberta Masters Provincia
	100 Breast	1:23.17	<b>31-Dec-13</b>	CWC- AB	Wells, L
	200 Breast	2:57.52	<b>31-Dec-11</b>	CWC- AB	Wells, L
	50 Fly	31.17	<b>2-Apr-22</b>	EMSC- AB	Debbie Younger at 2022 Alberta Masters Provincial Championships
	100 Fly	1:08.09	<b>2-Apr-22</b>	EMSC- AB	Debbie Younger at 2022 Alberta Masters Provincial Championships
	200 Fly	2:39.03	<b>31-Dec-12</b>	CMSC- AB	Giannoccaro, L
	100 IM	1:12.40	<b>22-Apr-17</b>	EMSC- AB	Gail McGinnis
	200 IM	2:38.43	<b>31-Dec-11</b>	CWC- AB	Wells, L
	400 IM	5:37.20	<b>31-Dec-09</b>	CMSC- AB	Carlsen, J
55-59	50 Free	29.96	<b>31-Dec-13</b>	CWC- AB	Amundrud, G
	100 Free	1:04.97	<b>31-Dec-13</b>	CWC- AB	Amundrud, G
	200 Free	2:23.85	<b>31-Dec-13</b>	CWC- AB	Amundrud, G
	400 Free	5:00.58	<b>31-Dec-13</b>	CMSC- AB	Carlsen, J
	800 Free	10:12.79	<b>31-Dec-13</b>	CMSC- AB	Carlsen, J
	1500 Free	19:27.93	<b>31-Dec-13</b>	CMSC- AB	Carlsen, J
	50 Back	35.69	<b>13-Nov-16</b>	CLIP	Lisa Dixon-Wells at CMSC Circuit Meet One
	100 Back	1:16.40	<b>31-Dec-13</b>	CWC- AB	Amundrud
	200 Back	2:48.62	<b>24-May-19</b>	CLIP- AB	Lisa Dixon-Wells at Championnat canadien des maîtr
	50 Breast	39.20	<b>31-Dec-12</b>	CMSC- AB	Starratt, Rene
	100 Breast	1:26.90	<b>24-May-19</b>	CLIP- AB	Lisa Dixon-Wells at Championnat canadien des maîtr
	200 Breast	3:10.47	<b>24-May-19</b>	CLIP- AB	Lisa Dixon-Wells at Championnat canadien des maîtr
	50 Fly	32.08	<b>21-Apr-17</b>	CMSC- AB	Louise Giannoccaro
	100 Fly	1:11.91	<b>21-Apr-17</b>	CMSC	Louise Giannoccaro at 2017 MSABC Provincials
	200 Fly	2:42.75	<b>21-Apr-17</b>	CMSC	Louise Giannoccaro at 2017 MSABC Provincials
	100 IM	1:16.38	<b>8-Apr-17</b>	CLIP	Lisa Dixon-Wells at 2017 Alberta Masters Provincial Championship:
	200 IM	2:47.12	* <b>24-May-19</b>	CLIP- AB	Lisa Dixon-Wells at Championnat canadien des maîtr
	200 IM	2:47.12	* <b>31-Dec-13</b>	CMSC- AB	Carlsen, J
	400 IM	5:50.58	<b>31-Dec-13</b>	CMSC- AB	Carlsen, J
60-64	50 Free	31.86	<b>2-Apr-22</b>	CMSC- AB	Louise Giannoccaro at 2022 Alberta Masters Provincial Championsl

---

**RECORDS Alberta Masters**

60-64	100 Free	1:10.94	<b>2-Apr-22</b>	CMSC- AB	Louise Giannoccaro at 2022 Alberta Masters Provincial Championsl
	200 Free	2:36.04	<b>2-Apr-22</b>	CMSC- AB	Louise Giannoccaro at 2022 Alberta Masters Provincial Championsl
	400 Free	5:31.32	<b>5-Apr-14</b>	CMSC- AB	Wylie, L
	800 Free	11:20.40	<b>6-Apr-14</b>	CMSC- AB	Wylie, L
	1500 Free	22:17.34	<b>5-Apr-14</b>	CMSC- AB	Wylie, L
	50 Back	39.51	<b>20-May-22</b>	EMSC- AB	Susan Chafe at Canadian Masters Swimming Cham
	100 Back	1:25.52	<b>20-May-22</b>	EMSC- AB	Susan Chafe at Canadian Masters Swimming Cham
	200 Back	3:02.14	<b>20-May-22</b>	EMSC- AB	Susan Chafe at Canadian Masters Swimming Cham
	50 Breast	41.33	<b>28-Feb-16</b>	CMSC	Rene Starratt at 2016 CMSC Invitational
	100 Breast	1:30.79	<b>3-Apr-16</b>	CMSC- AB	Starratt, Rene
	200 Breast	3:23.67	<b>14-Oct-17</b>	CMSC	Rene Starratt at First Splash Invitational
	50 Fly	32.38	<b>2-Apr-22</b>	CMSC- AB	Louise Giannoccaro at 2022 Alberta Masters Provincial Championsl
	100 Fly	1:16.66	<b>2-Apr-22</b>	CMSC- AB	Louise Giannoccaro at 2022 Alberta Masters Provincial Championsl
	200 Fly	3:30.99	<b>20-May-22</b>	EMSC- AB	Susan Chafe at Canadian Masters Swimming Cham
	100 IM	1:20.86	<b>28-Feb-16</b>	CMSC- AB	Starratt, Rene
	200 IM	2:59.76	<b>5-Apr-14</b>	CMSC- AB	Wylie, L
	400 IM	6:34.14	<b>14-Oct-17</b>	CMSC	Rene Starratt at First Splash Invitational
65-69	50 Free	35.36	<b>24-May-19</b>	EMSC- AB	Leigh Garvie at Championnat canadien des maîtr
	100 Free	1:17.51	<b>24-May-19</b>	EMSC- AB	Leigh Garvie at Championnat canadien des maîtr
	200 Free	2:52.48	<b>24-May-19</b>	EMSC- AB	Leigh Garvie at Championnat canadien des maîtr
	400 Free	6:19.83	<b>24-May-19</b>	EMSC- AB	Leigh Garvie at Championnat canadien des maîtr
	800 Free	12:50.03	<b>24-May-19</b>	EMSC- AB	Leigh Garvie at Championnat canadien des maîtr
	1500 Free	24:17.01	<b>24-May-19</b>	EMSC- AB	Leigh Garvie at Championnat canadien des maîtr
	50 Back	45.33	<b>31-Dec-06</b>	EMSC- AB	Korbely, Erika
	100 Back	1:46.93	<b>19-May-18</b>	WILD- AB	Mary-Helen Hopkins at Canadian Masters Swimming Championship
	200 Back	3:47.61	<b>7-Apr-18</b>	WILD- AB	Mary-Helen Hopkins at Making Waves 17th Annual Sprint Meet
	50 Breast	51.55	<b>6-Apr-19</b>	FTH- AB	Barb Finnie at 2019 Alberta Masters Provincial Championships
	100 Breast	1:55.84	<b>31-Dec-99</b>	LMSC- AB	Harris, L
	200 Breast	3:57.84	<b>31-Dec-01</b>	LMSC- AB	Harris, L
70-74	50 Free	41.54	<b>31-Dec-07</b>	EMSC- AB	McKellar, Loreen
	100 Free	1:34.83	<b>31-Dec-06</b>	EMSC- AB	McKellar, Loreen
	200 Free	3:34.07	<b>31-Dec-08</b>	EMSC- AB	McKellar, Loreen
	400 Free	7:21.71	<b>8-Apr-17</b>	SAMC	Catherine Roberts at 2017 Alberta Masters Provincial Championshi
	800 Free	14:57.46	<b>8-Apr-17</b>	SAMC	Catherine Roberts at 2017 Alberta Masters Provincial Championshi
	1500 Free	28:30.76	<b>8-Apr-17</b>	SAMC	Catherine Roberts at 2017 Alberta Masters Provincial Championshi
	50 Back	50.94	<b>31-Dec-07</b>	EMSC- AB	McKellar, Loreen
	100 Back	1:53.24	<b>20-May-22</b>	WILD- AB	Mary-Helen Hopkins at Canadian Masters Swimming Cham
	200 Back	4:05.94	<b>20-May-22</b>	WILD- AB	Mary-Helen Hopkins at Canadian Masters Swimming Cham
	50 Breast	54.82	<b>31-Dec-90</b>	GREY- AB	Cameron, B
	100 Breast	2:05.51	<b>31-Dec-90</b>	GREY- AB	Cameron, B
	200 Breast	4:47.02	<b>31-Dec-11</b>	EMSC- AB	Adams, S
	50 Fly	1:10.25	<b>21-Jan-17</b>	CMSC	Marilyn Shaw at FMSC Swim Meet 2017
	100 IM	1:59.47	<b>31-Dec-05</b>	EMSC- AB	McKellar, Loreen
75-79	50 Free	43.89	<b>31-Dec-08</b>	EMSC- AB	McKellar, Loreen
	100 Free	1:41.30	<b>31-Dec-08</b>	EMSC- AB	McKellar, Loreen
	200 Free	3:53.52	<b>2-Apr-22</b>	WILD- AB	Catherine Roberts at 2022 Alberta Masters Provincial Championshi
	400 Free	7:59.41	<b>2-Apr-22</b>	WILD- AB	Catherine Roberts at 2022 Alberta Masters Provincial Championshi
	800 Free	16:04.38	<b>2-Apr-22</b>	WILD- AB	Catherine Roberts at 2022 Alberta Masters Provincial Championshi
	1500 Free	30:50.13	<b>2-Apr-22</b>	WILD- AB	Catherine Roberts at 2022 Alberta Masters Provincial Championshi

---

**RECORDS Alberta Masters**

75-79	50 Back	51.54	<b>31-Dec-08</b>	EMSC- AB	McKellar, Loreen
	100 Back	1:56.86	<b>31-Dec-08</b>	EMSC- AB	McKellar, Loreen
	200 Back	5:28.54	<b>31-Dec-06</b>	EMSC- AB	Thorne, O
	50 Breast	59.20	<b>31-Dec-08</b>	EMSC- AB	McKellar, Loreen
	100 Breast	2:12.04	<b>31-Dec-08</b>	EMSC- AB	McKellar, Loreen
	200 Breast	5:14.23	<b>31-Dec-11</b>	CMSC- AB	Davis, N
	50 Fly	1:21.91	<b>31-Dec-06</b>	EMSC- AB	Thorne, O
	100 IM	2:34.81	<b>31-Dec-05</b>	ENSC- AB	Thorne, O
80-84	50 Free	1:07.83	<b>31-Dec-10</b>	CMSC	Obee, M
	100 Free	2:27.62	<b>31-Dec-10</b>	CMSC	Obee, M
	200 Free	5:06.77	<b>31-Dec-10</b>	CMSC- AB	Obee, M
	400 Free	9:50.02	<b>31-Dec-10</b>	CMSC- AB	Obee, M
	50 Back	1:37.14	<b>31-Dec-01</b>	EGS	Henning, M
	100 Back	3:31.83	<b>31-Dec-01</b>	EGS	Henning, M
	50 Breast	1:31.57	<b>31-Dec-91</b>	AAS	Stillman, C
	100 Breast	3:31.55	<b>31-Dec-91</b>	AAS- AB	Stillman, C
	100 IM	3:36.35	<b>31-Dec-91</b>	AAS- AB	Stillman, C
85-89	50 Free	1:09.59	<b>21-Feb-15</b>	CMSC	Obee, M
	100 Free	2:27.62	<b>21-Feb-15</b>	CMSC- AB	Obee, M
	200 Free	5:07.25	<b>21-Feb-15</b>	CMSC- AB	Obee, M
	400 Free	10:17.48	<b>21-Feb-15</b>	CMSC- AB	Obee, M

---

**RECORDS Alberta Masters**
**SC Meters-Men**

18-24	50 Free	24.11	<b>18-May-15</b>	CMSC- AB	Siarkowski, Michael
	100 Free	52.84	<b>18-May-15</b>	CMSC- AB	Siarkowski, Michael
	200 Free	1:57.62	<b>2-Apr-22</b>	CMSC- AB	Ricardo Parra at 2022 Alberta Masters Provincial Championships
	400 Free	4:16.58	<b>17-Nov-19</b>	PENGM- AB	Ricardo Parra at 'Twas The Month Before Christmas III
	800 Free	9:10.62	<b>31-Dec-99</b>	CMSC- AB	Kahs, E
	1500 Free	18:37.20	<b>31-Dec-05</b>	PENGM- AB	Stanger, Robbie
	50 Back	28.21	<b>31-Dec-02</b>	CMSC- AB	Miller, J
	100 Back	1:02.11	<b>31-Dec-12</b>	PENGM- AB	Kremer, Trace
	200 Back	2:19.03	<b>31-Dec-04</b>	UOFA- AB	Westman, K
	50 Breast	30.46	<b>17-Nov-19</b>	UAM- AB	Jedidiah Ng at 'Twas The Month Before Christmas III
	100 Breast	1:07.26	<b>6-Apr-14</b>	AMAM- AB	Lutsch, Curtis
	200 Breast	2:38.48	<b>31-Dec-13</b>	RDS- AB	Iliscupidez, B
	50 Fly	26.12	<b>25-Nov-15</b>	CMSC- AB	Siarkowski, Michael
	100 Fly	58.53	<b>31-Dec-87</b>	NAIT- AB	Riddle, R
	200 Fly	2:16.62	<b>2-Apr-22</b>	CMSC- AB	Ricardo Parra at 2022 Alberta Masters Provincial Championships
	100 IM	1:01.95	<b>31-Dec-95</b>	UCMS- AB	Bain, A
	200 IM	2:14.72	<b>2-Nov-19</b>	PENGM	Ricardo Parra at Sprint #1
	400 IM	4:53.00	<b>31-Dec-11</b>	EMSC- AB	Phelan, Jim
25-29	50 Free	24.07	<b>31-Dec-96</b>	CMSC- AB	Welechuk, Jeff
	100 Free	52.56	<b>31-Dec-96</b>	USMS- AB	Welechuk, Jeff
	200 Free	1:56.16	<b>31-Dec-96</b>	CMSC- AB	Welechuk, Jeff
	400 Free	4:10.76	<b>18-May-15</b>	EMSC- AB	Phelan, Jim
	800 Free	8:46.34	<b>31-Dec-13</b>	EMSC- AB	Phelan, Jim
	1500 Free	17:06.77	<b>5-Apr-14</b>	EMSC- AB	Phelan, Jim
	50 Back	26.71	<b>31-Dec-11</b>	EMSC- AB	Chang, Jian-Lok
	100 Back	57.28	<b>31-Dec-96</b>	CMSC- AB	Welechuk, Jeff
	200 Back	2:07.05	<b>31-Dec-96</b>	CMSC- AB	Welechuk
	50 Breast	27.69	<b>31-Dec-03</b>	CMSC- AB	Patrick, R
	100 Breast	1:02.61	<b>31-Dec-03</b>	CMSC- AB	Patrick, R
	200 Breast	2:34.67	<b>23-Mar-03</b>	PENGM- AB	Brewer, S
	50 Fly	25.56	<b>3-Apr-16</b>	CMSC- AB	Siarkowski, Michael
	100 Fly	58.56	<b>31-Dec-03</b>	CMSC- AB	Jessee, M
	200 Fly	2:13.45	<b>31-Dec-06</b>	PCMSC- AB	Simpson, B
	100 IM	1:00.25	<b>31-Dec-08</b>	CMSC- AB	Capara, S
	200 IM	2:11.42	<b>31-Dec-13</b>	EMSC- AB	Phelan, Jim
	400 IM	4:41.42	<b>31-Dec-12</b>	EMSC- AB	Phelan, Jim
30-34	50 Free	23.45	<b>31-Dec-04</b>	LMSC- AB	Kondziolka, D
	100 Free	51.60	<b>31-Dec-08</b>	UNAT- AB	Miller, J
	200 Free	1:54.92	<b>31-Dec-08</b>	UNAT- AB	Miller, J
	400 Free	4:15.16	<b>31-Dec-03</b>	CMSC- AB	Welechuk, Jeff
	800 Free	9:01.63	<b>31-Dec-11</b>	UNAT- AB	Simpson, B
	1500 Free	17:23.23	<b>31-Dec-11</b>	UNAT- AB	Simpson, B
	50 Back	27.00	<b>31-Dec-03</b>	CMSC- AB	Welechuk, Jeff
	100 Back	57.63	<b>31-Dec-03</b>	CMSC- AB	Welechuk, Jeff
	200 Back	2:05.82	<b>31-Dec-03</b>	CMSC- AB	Welechuk, Jeff
	50 Breast	30.84	<b>19-May-18</b>	WILD- AB	Randall Krall at Canadian Masters Swimming Championships
	100 Breast	1:09.32	<b>19-May-14</b>	EMSC- AB	Lam, Jeff
	200 Breast	2:34.92	<b>19-May-14</b>	EMSC- AB	Lam, Jeff

---

**RECORDS Alberta Masters**

30-34	50 Fly	25.81	<b>31-Dec-03</b>	EMSC- AB	Saretsky, Barry	
	100 Fly	56.91	<b>31-Dec-03</b>	EMSC- AB	Saretsky, Barry	
	200 Fly	2:11.22	<b>31-Dec-03</b>	CMSC- AB	Welbourn, J	
	100 IM	59.65	<b>31-Dec-08</b>	UNAT- AB	Miller, J	
	200 IM	2:12.64	<b>31-Dec-01</b>	CMSC- AB	Welechuk, Jeff	
	400 IM	4:52.71	<b>6-Apr-14</b>	CMSC- AB	Colbert, G	
35-39	50 Free	24.09	<b>31-Dec-09</b>	CMSC- AB	Welechuk, Jeff	
	100 Free	52.74	<b>31-Dec-09</b>	CMSC- AB	Welechuk, Jeff	
	200 Free	1:57.11	<b>31-Dec-08</b>	CMSC- AB	Welechuk, Jeff	
	400 Free	4:16.54	<b>31-Dec-08</b>	CMSC- AB	Welechuk, Jeff	
	800 Free	8:56.90	<b>3-Apr-16</b>	WILD- AB	Simpson, B	
	1500 Free	17:06.26	<b>31-Dec-12</b>	UNAT- AB	Simpson, B	
	50 Back	26.72	<b>31-Dec-09</b>	CMSC- AB	Welechuk, Jeff	
	100 Back	56.42	<b>31-Dec-09</b>	CMSC- AB	Welechuk, Jeff	
	200 Back	2:04.96	<b>31-Dec-09</b>	CMSC- AB	Welechuk, Jeff	
	50 Breast	31.74	<b>19-May-18</b>	EMSC- AB	Jeff Lam at Canadian Masters Swimming Championships	
	100 Breast	1:10.45	<b>19-May-18</b>	EMSC- AB	Jeff Lam at Canadian Masters Swimming Championships	
	200 Breast	2:37.77	<b>24-Mar-18</b>	EMSC- AB	Jeff Lam at 2018 Alberta Masters Provincia	
	50 Fly	25.88	<b>31-Dec-04</b>	EMSC- AB	Saretsky, Barry	
	100 Fly	57.72	<b>31-Dec-07</b>	EMSC- AB	Saretsky, Barry	
	200 Fly	2:12.26	<b>31-Dec-06</b>	CMSC- AB	Welbourn, J	
	100 IM	1:00.50	<b>31-Dec-08</b>	CMSC- AB	Welechuk, Jeff	
	200 IM	2:12.22	<b>31-Dec-09</b>	CMSC- AB	Welechuk, Jeff	
	400 IM	4:44.51	<b>31-Dec-09</b>	CMSC- AB	Welechuk, Jeff	
	40-44	50 Free	24.36	<b>31-Dec-11</b>	WRSA- AB	Welechuk, Jeff
		100 Free	53.45	<b>31-Dec-11</b>	WRSA- AB	Welechuk, Jeff
200 Free		1:57.90	<b>31-Dec-12</b>	CMSC- AB	Welechuk, Jeff	
400 Free		4:14.55	<b>31-Dec-12</b>	CMSC- AB	Welechuk, Jeff	
800 Free		8:51.14	<b>24-Mar-18</b>	WILD- AB	Bo Simpson at 2018 Alberta Masters Provincia	
1500 Free		16:58.90	<b>8-Apr-17</b>	WILD- AB	Bo Simpson at 2017 Alberta Masters Provincial Championships	
50 Back		27.05	<b>19-May-14</b>	EMSC- AB	Welechuk, Jeff	
100 Back		57.80	<b>31-Dec-11</b>	WRSA- AB	Welechuk, Jeff	
200 Back		2:07.78	<b>31-Dec-11</b>	WRSA- AB	Welechuk, Jeff	
50 Breast		30.78	<b>31-Dec-09</b>	EMSC- AB	Salpeter, Tim	
100 Breast		1:06.20	<b>31-Dec-09</b>	EMSC- AB	Salpeter, Tim	
200 Breast		2:27.70	<b>31-Dec-09</b>	EMSC- AB	Salpeter, Tim	
50 Fly		25.86	<b>31-Dec-09</b>	EMSC- AB	Saretsky, Barry	
100 Fly		57.46	<b>31-Dec-09</b>	EMSC- AB	Saretsky, Barry	
200 Fly		2:13.59	<b>14-Oct-17</b>	WILD- AB	Bo Simpson at First Splash Invitational	
100 IM		59.90	<b>31-Dec-12</b>	CMSC- AB	Welechuk, Jeff	
200 IM		2:11.64	<b>31-Dec-11</b>	WRSA- AB	Welechuk, Jeff	
400 IM		4:45.78	<b>31-Dec-12</b>	CMSC- AB	Welechuk, Jeff	
45-49		50 Free	24.58	<b>19-May-14</b>	EMSC- AB	Saretsky, Barry
		100 Free	53.73	<b>19-May-15</b>	EMSC- AB	Saretsky, Barry
	200 Free	1:59.96	<b>18-May-15</b>	EMSC- AB	Saretsky, Barry	
	400 Free	4:22.59	<b>31-Dec-09</b>	EMSC- AB	Lewis, Barry	
	800 Free	9:11.20	<b>31-Dec-09</b>	EMSC- AB	Lewis, Barry	
	1500 Free	17:44.79	<b>2-Apr-22</b>	WILD- AB	Bo Simpson at 2022 Alberta Masters Provincial Championships	
	50 Back	27.93	<b>21-Feb-15</b>	CMSC- AB	Welechuk, Jeff	

---

**RECORDS Alberta Masters**

45-49	100 Back	59.75	<b>20-May-16</b>	CMSC- AB	Welechuk, Jeff	
	200 Back	2:10.84	<b>20-May-16</b>	CMSC- AB	Welechuk, Jeff	
	50 Breast	32.67	<b>17-May-15</b>	EMSC- AB	Saretsky, Barry	
	100 Breast	1:09.54	<b>21-Feb-15</b>	WILD- AB	Bidrman, Jan	
	200 Breast	2:40.99	<b>31-Dec-03</b>	LMSC- AB	Nicol, C	
	50 Fly	25.99	<b>19-May-14</b>	EMSC- AB	Saretsky, Barry	
	100 Fly	59.29	<b>19-May-14</b>	EMSC- AB	Saretsky, Barry	
	200 Fly	2:20.59	<b>21-Feb-15</b>	WILD- AB	Bidrman, Jan	
	100 IM	1:01.95	<b>19-May-14</b>	EMSC- AB	Saretsky, Barry	
	200 IM	2:20.55	<b>2-Apr-22</b>	WILD- AB	Bo Simpson at 2022 Alberta Masters Provincial Championships	
	400 IM	4:59.46	<b>21-Feb-15</b>	WILD- AB	Bidrman, Jan	
	50-54	50 Free	25.67	<b>6-Apr-19</b>	EMSC- AB	Barry Saretsky at 2019 Alberta Masters Provincial Championships
100 Free		56.20	<b>6-Apr-19</b>	EMSC- AB	Barry Saretsky at 2019 Alberta Masters Provincial Championships	
200 Free		2:05.67	<b>31-Dec-07</b>	UNAT- AB	Clevenger, T	
400 Free		4:29.43	<b>31-Dec-12</b>	EMSC- AB	Lewis, Barry	
800 Free		9:21.27	<b>31-Dec-12</b>	EMSC- AB	Lewis, Barry	
1500 Free		18:06.78	<b>31-Dec-11</b>	CMSC- AB	Carlsen, Glenn	
50 Back		30.57	<b>31-Dec-11</b>	WRSA- AB	Garside, S	
100 Back		1:04.11	<b>23-Jan-16</b>	FTH	Jan Bidrman at FMSC Swim Meet 2016	
200 Back		2:29.51	<b>31-Dec-99</b>	CMSC- AB	O'Brien, P	
50 Breast		32.61	<b>31-Dec-11</b>	WRSA- AB	Garside, S	
100 Breast		1:09.94	<b>23-Jan-16</b>	FTH	Jan Bidrman at FMSC Swim Meet 2016	
200 Breast		2:48.23	<b>31-Dec-03</b>	CMSC- AB	Morrow, Mike	
50 Fly		26.88	<b>6-Apr-19</b>	EMSC- AB	Barry Saretsky at 2019 Alberta Masters Provincial Championships	
100 Fly		58.86	<b>28-Feb-16</b>	FTH- AB	Bidrman, Jan	
200 Fly		2:28.29	<b>31-Dec-09</b>	CMSC- AB	Carlsen, Glenn	
100 IM		1:01.65	<b>28-Feb-16</b>	FTH- AB	Bidrman, Jan	
200 IM		2:20.06	<b>23-Jan-16</b>	FTH	Jan Bidrman at FMSC Swim Meet 2016	
400 IM		5:20.97	<b>31-Dec-11</b>	CMSC- AB	Carlsen, Glenn	
55-59		50 Free	26.92	<b>23-Apr-17</b>	EMSC- AB	Barry Lewis at BC Masters Provincials
	100 Free	57.36	<b>14-May-17</b>	EMSC- AB	Barry Lewis at Canadian Masters Championships	
	200 Free	2:07.04	<b>12-May-17</b>	EMSC- AB	Barry Lewis at Canadian Masters Championships	
	400 Free	4:32.93	<b>13-May-17</b>	EMSC- AB	Barry Lewis at Canadian Masters Championships	
	800 Free	9:26.87	<b>31-Dec-12</b>	CMSC- AB	Carlsen, Glenn	
	1500 Free	18:10.34	<b>31-Dec-12</b>	CMSC- AB	Carlsen, Glenn	
	50 Back	31.48	<b>31-Dec-09</b>	EMSC- AB	MacDonald, Jim	
	100 Back	1:09.30	<b>31-Dec-07</b>	CMSC- AB	O'Brien, P	
	200 Back	2:31.03	<b>31-Dec-09</b>	EMSC- AB	MacDonald, Jim	
	50 Breast	34.35	<b>21-Feb-15</b>	CMSC- AB	Garside, Simon	
	100 Breast	1:15.95	<b>24-May-19</b>	EMSC- AB	Barry Lewis at Championnat canadien des maîtr	
	200 Breast	2:48.51	<b>31-Dec-12</b>	CMSC- AB	Carlsen, Glenn	
	50 Fly	28.86	<b>31-Dec-08</b>	CMSC- AB	Dickson, Dave	
	100 Fly	1:04.38	<b>31-Dec-08</b>	CMSC- AB	Dickson, Dave	
	200 Fly	2:33.12	<b>31-Dec-12</b>	CMSC- AB	Carlsen, Glenn	
	100 IM	1:07.36	<b>6-Apr-19</b>	WILD- AB	Chris Daniel at 2019 Alberta Masters Provincial Championships	
	200 IM	2:28.76	<b>6-Apr-19</b>	WILD- AB	Chris Daniel at 2019 Alberta Masters Provincial Championships	
	400 IM	5:19.85	<b>31-Dec-12</b>	CMSC- AB	Carlsen, Glenn	
	60-64	50 Free	27.23	<b>31-Dec-02</b>	DRAG- AB	VanBaalen, V
		100 Free	59.59	<b>22-Apr-22</b>	EMSC- AB	Barry Lewis at 2022 MSABC Provincial Championships



---

**RECORDS Alberta Masters**

60-64	200 Free	2:12.13	<b>20-May-22</b>	EMSC- AB	Barry Lewis at Canadian Masters Swimming Cham
	400 Free	4:41.99	<b>1-Mar-20</b>	WILD- AB	Daniel, Chris
	800 Free	10:30.29	<b>6-Apr-14</b>	CMSC- AB	Dickson, Dave
	1500 Free	19:59.52	<b>5-Apr-15</b>	CMSC- AB	Dickson, Dave
	50 Back	31.52	<b>31-Dec-09</b>	CMSC- AB	O'Brien, P
	100 Back	1:09.20	<b>31-Dec-09</b>	CMSC- AB	O'Brien, P
	200 Back	2:37.82	<b>31-Dec-09</b>	CMSC- AB	O'Brien, P
	50 Breast	36.49	<b>22-Apr-17</b>	EMSC- AB	Wayne Strach
	100 Breast	1:19.22	<b>1-Mar-20</b>	CMSC- AB	Simon Garside at EBSC's Annual Love to Swim Classic
	200 Breast	2:57.75	<b>15-Apr-12</b>	CMSC- AB	Morrow, Mike
	50 Fly	29.49	<b>2-Apr-22</b>	WILD- AB	Chris Daniel at 2022 Alberta Masters Provincial Championships
	100 Fly	1:08.85	<b>2-Apr-22</b>	EMSC- AB	Barry Lewis at 2022 Alberta Masters Provincial Championships
	200 Fly	2:58.38	<b>31-Dec-12</b>	CMSC- AB	Morrow, Mike
	100 IM	1:08.49	<b>1-Feb-20</b>	WILD- AB	Chris Daniel at FMSC Swim Meet 2019
	200 IM	2:29.54	<b>1-Feb-20</b>	WILD- AB	Chris Daniel at FMSC Swim Meet 2019
	400 IM	5:48.20	<b>31-Dec-11</b>	CMSC- AB	Morrow, Mike
65-69	50 Free	26.73	<b>31-Dec-07</b>	DRAG- AB	VanBaalén, V
	100 Free	1:02.50	<b>31-Dec-07</b>	DRAG- AB	VanBaalén, V
	200 Free	2:26.85	<b>24-Mar-18</b>	CMSC- AB	Dickson, Dave
	400 Free	5:08.25	<b>27-Apr-18</b>	CMSC- AB	Dickson, Dave
	800 Free	11:23.99	<b>20-May-16</b>	CMSC- AB	Mike Morrow
	1500 Free	22:37.95	<b>17-Apr-10</b>	OMSC	Bruce Melton
	50 Back	32.48	<b>31-Dec-07</b>	DRAG- AB	VanBallén, V
	100 Back	1:13.39	<b>18-May-15</b>	CMSC- AB	O'Brien, Peter
	200 Back	2:47.06	<b>18-May-15</b>	CMSC- AB	O'Brien, Peter
	50 Breast	36.77	<b>31-Dec-99</b>	EDSON- AB	Templeman, N
	100 Breast	1:25.36	<b>31-Dec-99</b>	EDSON- AB	Templeman, N
	200 Breast	3:05.48	<b>18-May-15</b>	CMSC- AB	Morrow, Mike
	50 Fly	32.89	<b>31-Dec-09</b>	DRAG- AB	VanBaalén, V
	100 Fly	1:15.29	<b>23-Feb-19</b>	CMSC- AB	Dave Dickson at Making Waves 18th Annual Sprint Meet
	200 Fly	3:02.94	<b>31-Dec-09</b>	UNAT- AB	Pivovarov, I
	100 IM	1:14.56	<b>31-Dec-09</b>	DRAG- AB	VanBaalén, V
	200 IM	2:47.06	<b>18-May-15</b>	WILD- AB	Morrow, Mike
	400 IM	6:06.30	<b>18-May-15</b>	WILD- AB	Morrow, Mike
70-74	50 Free	28.23	<b>31-Dec-12</b>	DRAG- AB	VanBaalén, V
	100 Free	1:05.62	<b>31-Dec-12</b>	DRAG- AB	VanBaalén, V
	200 Free	2:42.75	<b>31-Dec-13</b>	UNAT- AB	Pivovarov, I
	400 Free	5:53.64	<b>1-Feb-20</b>	WILD- AB	Mike Morrow at FMSC Swim Meet 2019
	800 Free	12:43.13	<b>31-Dec-13</b>	UNAT- AB	Pivovarov, I
	1500 Free	26:11.40	<b>31-Dec-12</b>	SAMSC- AB	Roberts, R
	50 Back	34.15	<b>31-Dec-12</b>	DRAG- AB	VanBaalén, V
	100 Back	1:17.16	<b>1-Mar-20</b>	CMSC- AB	Peter O'Brien at EBSC's Annual Love to Swim Classic
	200 Back	2:58.95	<b>1-Mar-20</b>	CMSC- AB	Peter O'Brien at EBSC's Annual Love to Swim Classic
	50 Breast	37.47	<b>31-Dec-01</b>	EDSON- AB	Templeman, N
	100 Breast	1:27.38	<b>31-Dec-01</b>	EDSON- AB	Templeman, N
	200 Breast	3:24.30	<b>24-Jan-15</b>	CMSC- AB	Shaw, Keith
	50 Fly	35.43	<b>31-Dec-12</b>	DRAG- AB	VanBaalén, V
	100 Fly	1:22.46	<b>19-May-14</b>	ENSC- AB	Pivovarov, I
	200 Fly	3:22.99	<b>31-Dec-13</b>	UNAT- AB	Pivovarov, I
	100 IM	1:18.86	<b>31-Dec-12</b>	DRAG- AB	VanBaalén, V

---

**RECORDS Alberta Masters**

70-74	200 IM	3:10.25	<b>31-Dec-13</b>	UNAT- AB	Pivovarov	
	400 IM	7:31.40	<b>31-Dec-13</b>	SAMSC- AB	Roberts, R	
75-79	50 Free	36.40	<b>31-Dec-99</b>	EMSC- AB	Johnston, H	
	100 Free	1:22.77	<b>30-Apr-16</b>	CMSC	Jim Fry at Red Deer Silver Sharks Masters	
	200 Free	3:08.12	<b>19-May-18</b>	CMSC- AB	Jim Fry at Canadian Masters Swimming Championships	
	400 Free	6:56.67	<b>31-Dec-99</b>	EMSC- AB	Johnston, H	
	800 Free	14:57.54	<b>8-Apr-17</b>	SAMC	Richard Roberts at 2017 Alberta Masters Provincial Championships	
	1500 Free	28:45.40	<b>2-Apr-16</b>	UNAT- AB	Smith, David	
	50 Back	48.59	<b>21-Jan-17</b>	SAMC	Richard Roberts at FMSC Swim Meet 2017	
	100 Back	1:47.92	<b>25-Mar-17</b>	SAMC	Richard Roberts at Making Waves 16th Annual Sprint Meet	
	200 Back	3:49.89	<b>8-Apr-17</b>	SAMC	Richard Roberts at 2017 Alberta Masters Provincial Championships	
	50 Breast	42.14	<b>26-Jan-19</b>	CMSC- AB	Keith Shaw at FMSC Swim Meet 2019	
	100 Breast	1:36.67	<b>6-Apr-19</b>	CMSC- AB	Keith Shaw at 2019 Alberta Masters Provincial Championships	
	200 Breast	3:38.40	<b>6-Apr-19</b>	CMSC- AB	Keith Shaw at 2019 Alberta Masters Provincial Championships	
	50 Fly	40.25	<b>6-Apr-19</b>	WILD- AB	Ivan Pivovarov at 2019 Alberta Masters Provincial Championships	
	100 Fly	1:40.56	<b>6-Apr-19</b>	WILD- AB	Ivan Pivovarov at 2019 Alberta Masters Provincial Championships	
	200 Fly	3:55.20	<b>6-Apr-19</b>	WILD- AB	Ivan Pivovarov at 2019 Alberta Masters Provincial Championships	
	100 IM	1:37.04	<b>24-Mar-18</b>	CMSC- AB	Jim Fry at 2018 Alberta Masters Provincia	
	200 IM	3:59.20	<b>25-Mar-17</b>	SAMC	Richard Roberts at Making Waves 16th Annual Sprint Meet	
	400 IM	8:21.63	<b>21-Jan-17</b>	SAM- AB	Richard Roberts FMSC Swim Meet 2017	
	80-84	50 Free	38.43	<b>2-Apr-22</b>	CMSC- AB	Jim Fry at 2022 Alberta Masters Provincial Championships
		100 Free	1:28.36	<b>2-Apr-22</b>	CMSC- AB	Jim Fry at 2022 Alberta Masters Provincial Championships
200 Free		3:18.83	<b>2-Apr-22</b>	CMSC- AB	Jim Fry at 2022 Alberta Masters Provincial Championships	
400 Free		7:25.19	<b>2-Apr-22</b>	CMSC- AB	Jim Fry at 2022 Alberta Masters Provincial Championships	
800 Free		19:25.72	<b>2-Apr-22</b>	CMSC- AB	David Smith at 2022 Alberta Masters Provincial Championships	
1500 Free		36:47.88	<b>2-Apr-22</b>	CMSC- AB	David Smith at 2022 Alberta Masters Provincial Championships	
50 Back		53.30	<b>31-Dec-06</b>	EMSC- AB	McRory, Bob	
100 Back		2:18.34	<b>31-Dec-13</b>	CMSC- AB	Malcolmston, Pat	
200 Back		6:12.81	<b>31-Dec-08</b>	EMSC- AB	Boddington, Jack	
50 Breast		52.26	<b>31-Dec-06</b>	EMSC- AB	McRory, Bob	
100 Breast		2:40.75	<b>31-Dec-05</b>	EMSC- AB	Johnston, H	
200 Breast		5:40.10	<b>3-Apr-16</b>	UNAT- AB	Urtasun, Raul	
50 Fly		39.47	<b>25-Mar-17</b>	EMSC	Terry Dewhurst at Making Waves 16th Annual Sprint Meet	
100 IM		1:53.51	<b>31-Dec-06</b>	EMSC- AB	McRory, Bob	
85-89		50 Free	1:09.28	<b>31-Dec-12</b>	EMSC- AB	Judge, Larry
		100 Free	2:41.81	<b>31-Dec-12</b>	EMSC- AB	Judge, Larry
	200 Free	6:10.03	<b>31-Dec-11</b>	EMSC- AB	Boddington, Jack	
	400 Free	12:43.17	<b>31-Dec-11</b>	EMSC- AB	Boddington, Jack	
	800 Free	37:02.57	<b>31-Dec-09</b>	EMSC- AB	Judge, Larry	
	50 Back	1:11.88	<b>31-Dec-08</b>	EMSC- AB	Judge, Larry	
	100 Back	2:56.85	<b>31-Dec-12</b>	EMSC- AB	Judge, Larry	
	200 Back	6:20.24	<b>31-Dec-11</b>	EMSC- AB	Boddington, Jack	
	50 Breast	1:20.74	<b>19-May-18</b>	WILD- AB	Raul Urtasun at Canadian Masters Swimming Championships	
	100 Breast	2:55.42	<b>24-Mar-18</b>	WILD- AB	Raul Urtasun at 2018 Alberta Masters Provincia	
	200 Breast	6:11.61	<b>24-Mar-18</b>	WILD- AB	Raul Urtasun at 2018 Alberta Masters Provincia	
	100 IM	3:14.66	<b>31-Dec-12</b>	EMSC- AB	Judge, Larry	