



Provincial Championship Time Standards

Female			Male				
12 & U	13-14	15 & O	EVENT		13 & U	14-15	16 & O
30.6	28.7	28.2	50 Free	SC	28.9	26.4	25.1
31.2	29.3	28.8		LC	29.4	26.9	25.7
1:07.6	1:02.7	1:00.9	100 Free	SC	1:03.7	57.8	55.0
1:08.9	1:04.0	1:02.2		LC	1:05.0	59.0	56.1
2:28.6	2:16.8	2:12.6	200 Free	SC	2:20.4	2:07.6	2:00.8
2:31.6	2:19.5	2:15.3		LC	2:23.2	2:10.1	2:03.3
5:19.2	4:53.5	4:43.3	400 Free	SC	5:03.3	4:36.8	4:23.9
5:25.6	4:59.4	4:49.1		LC	5:09.4	4:42.4	4:29.3
10:54.2	10:01.5	9:40.6	800 Free	SC	10:33.7	9:38.3	9:11.3
11:07.3	10:13.5	9:52.4		LC	10:46.4	9:49.9	9:22.6
20:52.8	19:11.9	18:31.9	1500 Free	SC	20:10.3	18:24.6	17:33.0
21:17.9	19:35.0	18:54.6		LC	20:34.5	18:46.7	17:54.5
35.6	32.9	32.1	50 Back	SC	33.8	30.9	28.9
36.3	33.6	32.8		LC	34.4	31.6	29.4
1:16.8	1:10.7	1:08.7	100 Back	SC	1:13.1	1:06.2	1:02.1
1:18.4	1:12.1	1:10.1		LC	1:14.6	1:07.5	1:03.3
2:46.6	2:33.5	2:28.5	200 Back	SC	2:39.0	2:24.0	2:17.3
2:49.9	2:36.6	2:31.5		LC	2:42.1	2:26.9	2:20.1
40.4	37.5	35.7	50 Breast	SC	38.0	34.6	31.8
41.2	38.3	36.4		LC	38.8	35.3	32.4
1:28.1	1:21.8	1:18.4	100 Breast	SC	1:23.2	1:15.9	1:10.0
1:29.9	1:23.5	1:19.9		LC	1:24.9	1:17.4	1:11.4
3:12.4	2:59.2	2:51.7	200 Breast	SC	3:02.2	2:48.4	2:35.5
3:16.2	3:02.8	2:55.2		LC	3:05.9	2:51.7	2:38.7
34.1	31.5	30.1	50 Fly	SC	32.2	29.0	26.9
34.8	32.1	30.7		LC	32.8	29.6	27.5
1:19.8	1:11.7	1:06.9	100 Fly	SC	1:14.2	1:05.7	1:00.0
1:21.3	1:13.2	1:08.3		LC	1:15.7	1:07.0	1:01.2
2:54.7	2:37.2	2:26.5	200 Fly	SC	2:48.2	2:28.7	2:16.0
2:58.2	2:40.3	2:29.5		LC	2:51.5	2:31.7	2:18.7
2:48.6	2:35.4	2:31.0	200 IM	SC	2:39.2	2:24.9	2:19.5
2:52.0	2:38.6	2:34.1		LC	2:42.4	2:27.8	2:22.3
5:58.3	5:30.3	5:20.8	400 IM	SC	5:41.0	5:10.4	4:58.8
6:05.4	5:36.9	5:27.4		LC	5:47.8	5:16.6	5:04.9

All time standards are set to the tenth. Swimmers must equal or better the standard to qualify.
 For example: 1:50.9 = 1:50.90 (1:50.90 qualifies, 1:50.91 does not qualify)