



2024 - 2025 Swim Alberta Time Standards Process

The following is the process by which each time standard is calculated.

All time standards are set to the tenth. Swimmers must equal or better the standard to qualify. For example: 1:50.9 = 1:50.90 (1:50.90 qualifies, 1:50.91 does not qualify)

Provincial Championship Standards

- Event times used from Alberta's Long Course season rankings
- Low subscription events will be set using the World Aquatics points of a similar discipline with a decrease of 10 points. (For example: 200 Fly set using 100 Fly World Aquatic points minus 10)
- If an event does not improve, a time will be set as 0.2 seconds faster per 50m
- Short course championship standards will be calculated at 98% of the long course standard

13 & under, 14, 15, 16

- Set by calculating the 5-year average of 12th rank for 50m events and 16th rank for 100m and longer events
- 13 & under category will be calculated using age 13 only

Open

- Set using the average difference in time between ages 14-15 and 15-16, females at 50% and males at 60% of the average difference in time

Provincial Trials Standards

The provincial standards for both short course and long course will be set using the Provincial Championship standard plus 10%.

Festival Standards

The base standard will be set using the 5-year average of 40th rank for all 50m and 100m events and 40th rank plus 2% for 200m and longer events using Alberta's overall short course season rankings.

10 & under

- The 10 & under category will be created using age 10 only

11, 12

- Low subscription events will be set using the World Aquatics points of a similar discipline with a decrease of 10 points. (For example: 200 Fly set using 100 Fly World Aquatic points minus 10)



Para Swimming Standards

Swimming Canada sets the provincial para swimming standards.

Youth Recognition Standards

The youth recognition time standards will be based on the 10-year average for each age and rank.

Top 5 - Based on Alberta rankings, short course only

- 10 & Under Festival Events Only

Top 1 & Top 10 - Based on national rankings, short course and long course.

- 11, 12, 13, 14, 15, 16, 17
- Olympic Events Only